

# Region 9 EBDP Active /Share Leader List



## ACRONYMS

**MOB** - Matter of Balance

**PTC** - Powerful Tools for Caregivers

**PATH** - Chronic Disease Personal Action Towards Health

**DPATH** - Diabetes Personal Action Towards Health

**NDPP** - National Diabetes Prevention Program

**Chronic Pain PATH** - Chronic Pain Personal Action Towards Health

**WWE** - Walk with Ease

**Tai Chi** - Tai Chi for Arthritis and Fall Prevention

Name	County	Email	Phone Number	Workshop
April Zettle	Ogemaw	special.programs@ogemawcoa.org	989.345.3010	MOB
Chuck Corwin	Roscommon	chuckccorwin2@gmail.com	734.417.1878	MOB, PTC
Alice Dawson	Cheboygan	adawson@3coa.com	231.619.2746	MOB
Heather Emerick	Roscommon	sdlcoord@rccoa.net	989.965.4184	MOB
Lil Gill	Iosco	gills8383@gmail.com	248.390.1466	MOB
Alicia Graham	Ogemaw	activities@ogemawcoa.org	989.312.5308	MOB
Jackie Kennedy	Iosco	jak1811@aol.com	616.915.7962	MOB
Gretchen Stelter	Otsego, Cheboygan,	gkstelter@yahoo.com	231.582.6232	MOB, PTC, PATH, DPATH, Chronic Pain PATH, Cancer PATH, Tai Chi
Karen Mayer	Roscommon	2mayers@charter.net	734.564.6117	MOB
Brooke Mainville	All Twelve	mainvilleb@nemcsa.org	989.358.4616	MOB, PTC, DPATH, Chronic Pain PATH,
Deana Nichols	Ogemaw	thecottage@ogemawcoa.org	989.240.1309	MOB
Kara LaMarre	Alpena	lamarrek@yahoo.com	989.464.0049	PTC
Kelly Robinette	Alcona, Alpena, Montmorency,			MOB, PATH, DPATH, Chronic PAIN PATH

Name	County	Email	Phone Number	Workshop
Jan Williamson	Crawford, Roscommon	hhwilj@hotmail.com	989.821.6994	MOB
Denise Thompson (Alcona Health Center)	Alpena, Oscoda	dthompson@alconahc.org	989.736.8157 Ext. 9871	MOB
Lori Bonifas (Alcona Health Center)	Alpena, Oscoda	lbonifas@alconahc.org	989.356.4049	MOB
Nicole Wethington (MSU Extension)	Alcona, Arenac, Crawford, Iosco, Ogemaw, Oscoda Roscommon	wethingn@msu.edu	989.344.3264 Ext. 1	MOB, PTC, Tai Chi, PATH, DPATH, Chronic Pain PATH, WISE, Mindfulness, Dining with Diabetes, NDPP, SLEEP,
Elizabeth McNicholas	Alcona, Alpena, Iosco, Oscoda and Cheboygan	lizmcnicholas@gmail.com	989.335.1777	MOB
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Amie Whittington	Roscommon	hlctr@rccoa.net	989.366.0205	MOB