

# PARKINSON'S DISEASE SUPPORT GROUPS

Parkinson's support groups are designed for people with Parkinson's, their families, and other support individuals. They are intended to provide education, advice, and awareness of community services available in dealing with this chronic disease.

## Alpena County

Third Monday of every month  
First United Methodist Church  
167 South Ripley Boulevard  
Alpena, MI 49707  
1:00 p.m. to 3:00 p.m.  
Judy Poli: 989.370.6854

## Cheboygan County

Third Tuesday of every month  
Cheboygan Public Library  
100 South Bailey Street  
Cheboygan, MI 49721  
1:00 p.m.  
Susie: 231.625.8368  
Martha: 231.818.1900

## Iosco County

Third Thursday of every month  
Tawas Area Presbyterian Church  
2095 US-23  
East Tawas, MI 48730  
10:00 a.m.  
Rachel Haviland: 989.984.5292

## Otsego County

Fourth Thursday of every month  
University Center Gaylord  
80 Livingston Boulevard  
Gaylord, MI 49735  
2:00 p.m. to 4:00 p.m.  
989.732.1122  
[www.OtsegoCountyCOA.org](http://www.OtsegoCountyCOA.org)

## Ogemaw County

Second Thursday of every month  
Ogemaw Commission on Aging  
1528 South M-33  
West Branch, MI 48661  
12:30 p.m.  
Carol Gillman: 989.345.5300  
[www..ogemawcoa.org](http://www..ogemawcoa.org)

