

BENEFITS OF HIRING IN-HOME CARE FOR AN OLDER ADULT



Home care can help provide help with activities of daily living such as bathing and dressing.

CAREGIVERS OVERSEE DAILY LIFE

A professional caregiver will keep an eye on your loved one and detect changes in their condition, such as loss of appetite, sudden weight loss, medication mismanagement, forgetting to turn the oven off, etc. This kind of accountability can make a significant difference in preventing accidents and avoidable health complications, particularly in situations where an older adult has a difficult time with communication and/or remembering things. These caregivers are specifically trained to read subtle cues that a senior's mental or physical condition has changed and act quickly to remedy the situation.

SAFE TRANSPORTATION FOR SENIORS

At some point, most aging adults are unable to drive safely. This is a blow to their independence also severely limits their ability to complete everyday tasks, such as buying groceries, going to church and visiting friends. A professional caregiver can provide safe transportation and accompany your loved one on errands, meetings, doctor's appointments, social events, etc. Such assistance can expand a senior's world outside of the home and help them remain active and engaged.

CAREGIVERS SUPPORT INDEPENDENT LIVING

Professional caregivers are able to help aging individuals continue living safely, comfortably and socially at home. A little extra support can be all that is needed to extend an older adult's sense of independence. This goes a long way toward improving their outlook on life and boosting self-confidence. Most aging individuals are comforted by remaining in familiar surroundings where they have spent much of their lives. In-home care can help them stay there longer than they would be able to on their own, foregoing placement in a long-term care facility.

CAREGIVERS CAN PROVIDE PERSONAL COMPANIONS

A professional caregiver can provide precious social interaction. This could be something as simple as conversing over coffee, going to the movies, or cooking or gardening together. In the process of doing their job, caregivers stave off loneliness and depression in older adults.

PEACE OF MIND

Whether you near or far away, it is hard not to worry about your person with dementia. In-home care provides the one-on-one, personalized care that a sole caregiver is not able to offer full time, giving you priceless respite and peace of mind. A professional caregiver is a valuable addition to your loved one's care team.