



Adult Day Care Centers in Region 9 Area Agency on Aging

Adult day care centers provide socialization, community, stimulating activities, healthy meals and snacks, and support with activities of daily living. Some centers also offer nursing and healthcare services. Adult day care centers can be an essential aid to caregivers. They allow caregivers to hold a job, take care of household responsibilities, see friends, and pursue other activities, knowing their person with dementia is safe and well cared for during the day.



The Caring Place

District Health Department #4
100 Woods Circle
Alpena, MI 49707
Phone: 989.356.4507 or 800.221.0294
Website: www.dhd4.org



The Cottage

Ogemaw Commission on Aging
1528 South M-33
West Branch, MI 48661
Phone: 989.345.3010 ext. 1810
Website: www.ogemawcoa.org



Otsego Haus

Otsego County Commission on Aging
120 Grandview Boulevard
Gaylord, MI 49735
Phone: 989.732.1122
Website: www.otsegocountycoa.org

Pleasant Days

Sunrise Side Senior Services
131 Clyde Street
Omer, MI 48749
Phone: 989.653.2692



Sand Castles

Cheboygan County Council on Aging
1531 Sand Road
Cheboygan, MI 49721
Phone: 231.597.8317
Website: www.3coa.com



Serenity Day Lodge

Roscommon County Commission on Aging
1015 Short Drive, Suite A
Prudenville, MI 48651
Phone: 989.366.0205
Website: www.rccoa.net



**FOR MORE INFORMATION CONTACT
989.358.4616 OR MAINVILLEB@NEMCSA.ORG**