



Adult Day Care Centers in Region 9 Area Agency on Aging

Adult day centers provide socialization, community, stimulating activities, healthy meals and snacks, and support with activities of daily living. Some centers also offer nursing and healthcare services. Adult day care centers can be an essential aid to caregivers. They allow caregivers to hold a job, take care of household responsibilities, see friends, and pursue other activities, knowing their loved ones are safe and entertained during the day.

- Somewhere they can go during the day
- Socialize with other people
- Take part numerous activities
- Attendees can participate and socialize
- Activities can tire them so that they will sleep through the night



OTSEGO HAUS

Otsego County Commission on Aging
1165 Elkview Drive
Gaylord, MI 49735
Phone: 989.732.1122
Website: www.otsegocountycoa.org



THE COTTAGE

Ogemaw Commission on Aging
1528 South M-33
West Branch, MI 48661
Phone: 989.345.3010 ext. 203
Website: www.ogemawcoa.org



SAND CASTLES

Cheboygan County Council on Aging
1531 Sand Road
Cheboygan, MI 49721
Phone: 231.597.8317
Website: www.3coa.com



SERENITY DAY LODGE

Roscommon County Commission on Aging
1015 Short Drive, Suite A
Prudenville, MI 48651
Phone: 989.366.0205
Website: www.rccoa.net

PLEASANT DAYS

Sunrise Side Senior Services
131 Clyde Street
Omer, MI 48749
Phone: 989.653.2692



**FOR MORE INFORMATION CONTACT
989.358.4616 OR MAINVILLEB@NEMCSA.ORG**