

**HOW WILL YOUR LOVED ONE
BENEFIT FROM PARTICIPATING**

**IN THE
PLEASANT DAYS
ADULT CARING CENTER?**

- *Meet New People
- *Maintain Social Skills
- *Increase Activity Level
- *Maintain Fine Motor Skills



**OTHER SERVICES PROVIDED
by the**

**SUNRISE SIDE SENIOR SERVICES
(IN-HOME SERVICES)**

- *Home Delivered Meals
- *Light Homemaking
- *Personal Care
- *Respite Care

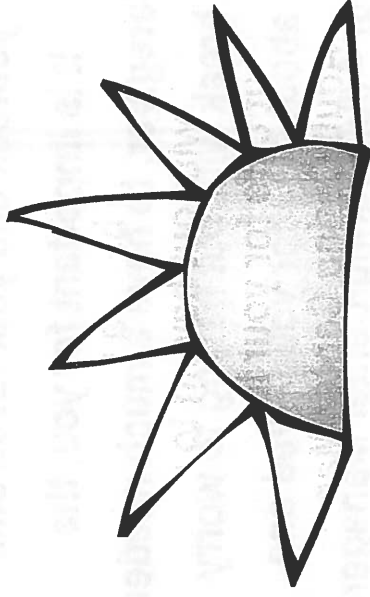
David Badour~ Supervisor
Bob Rotarius~ Assessor

ON-SITE SERVICES

- *Medicare/Medicaid Assistance
Program
- *Homestead Heating Credit
- *Health & Information Resources
- *Notary Public
- *Loan Closet

(Walkers, Canes, Shower Chairs)

**Pleasant Days
Adult Caring Center**



LOCATED INSIDE

of the

**SUNRISE SIDE SENIOR
CENTER**

131 CLYDE ST.

PO BOX 36

OMER, MI 48749

(989)653-2692

Caring Center Manager

Diane Lorence



Monday thru Friday

9:00am-1:30pm

The Pleasant Days Adult Day

Caring Center offers a respite for yourself and your loved one.

It is important for you, the

Caregiver, to have a much needed break with out having to worry about care for your loved one.

Our Adult Caring Center Managers are trained to handle difficult behaviors.

HOW CAN WE HELP YOU?

*We can care for your loved one while you go to appointments

*We can care for your loved one a couple days per week or

Monday thru Friday

**WE CAN HELP YOU
TAKE CARE OF YOU**

Who may attend?

Attendees must be 60 yrs

or older. Have a physical or mental impairment that prevents them from being left alone.

How do you utilize this service?

Simply call the Senior Center and you will be directed to the Adult Caring Center Managers. At this time you will have a one on one confidential conversation with one of the managers. You can discuss your needs and the needs of your loved one.

What activities are done in the Adult Caring Center?

We encourage our participants to join in many activities. These include painting, crafts, story telling, Will bowling, birthday parties, seasonal holiday festivities and crafts. Also participation in dining room activities such as sitting exercises, bingo and other programs that are scheduled.

Lunch is always served at 12:00 noon

ALZHEIMER'S SUPPORT GROUP

3rd Thursday of Every Month
12:30pm-1:30pm

It is also important, as a Caregiver, to take care of yourself.

Taking care of yourself includes being educated about Alzheimers.

Understanding the progression of this disease is instrumental in coping with day to day issues.

As a group, Caregivers, can share with one another, experiences that are

typical of Alzheimers.
Learning by sharing is one of the best forms of education.

If you feel you would rather talk one on one to our Alzheimer's Support Group Manager, you may call to make an appointment.

Amy Carson

1-989-653-2692

