This award winning program is designed to reduce the fear of falling and increase activity levels of older adults who have concerns about falls. We use trained volunteer coaches to facilitate the workshop comprised of eight two-hour sessions.

**COACH TRAINING**

We are looking for great people to lead our workshops. Do you have:

- Good communication & interpersonal skills
- Enthusiasm
- Dependability
- Willingness to lead a small group
- Interest in working with older adults
- Life experiences valued - with education or health care experience a plus

Your role as COACH would be to:

- Teach the materials & engage others in group conversation
- Lead the exercises
- Connect with each participant
- Have fun!

**TRAINING DATE:**
**FEBRUARY 14, 2020**
**8:30AM-4:30PM**
**REGION 2 AREA AGENCY ON AGING**
102 N. MAIN ST., BROOKLYN, MI 49230
**CALL TO REGISTER:**
517-592-1974