

## Adult Day Centers:

## Funding Sources:



**Arenac:**  
**Pleasant Days**  
989.653.2692



**\*Cheboygan:**  
**Sand Castles**  
231.597.8317



**Ogemaw:**  
**The Cottage**  
989.345.3010  
Ext.1810



**Federal**



**State**



**Local**



**Otsego: The**  
**Otsego Haus**  
989.732.1122



**Roscommon:**  
**Serenity Day Lodge**  
989.366.0205



**\*Not funded/sponsored by Region 9 AAA.**

## Advocacy

The AAA advocates for older adults and persons with disabilities by monitoring, evaluating, and commenting on policies, programs, and other actions which will affect older adults. We also work to inform legislators and other elected officials about the needs, health, and interests of older adults in our region.



**Elder Abuse**



**Northeast Michigan**  
**Regional Council on Aging**



**Community Needs**  
**Assessment**

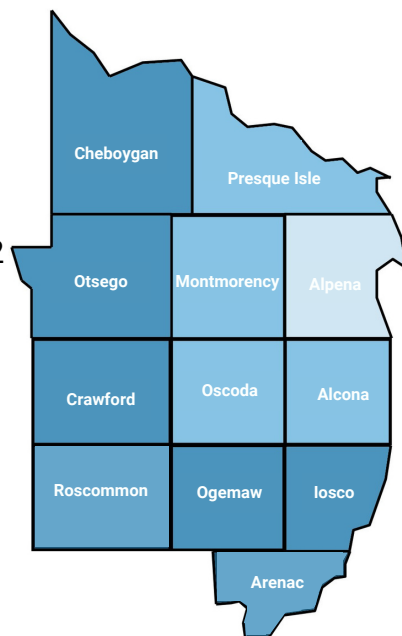


**Older**  
**Michigianians Day**

## Serving the Counties of:

Region 9 AAA coordinates and develops a comprehensive service delivery system for the older adults and adults with disabilities in a 12 county service area.

- Alcona
- Alpena
- Arenac
- Cheboygan
- Crawford
- Iosco
- Montmorency
- Ogemaw
- Oscoda
- Otsego
- Presque Isle
- Roscommon



Region 9 Area Agency on Agency (AAA) is a division of the Northeast Michigan Community Service Agency, Inc. (NEMCSA).

## Programs Supported by:

Older Americans Act, Michigan Department of Health and Human Services and the Bureau of Aging, Community Living, and Supports (ACLS Bureau).

**Our mission is to promote lifelong independence and dignity for all individuals and to assist the aged and disabled in meeting that goal.**



**aging@nemcsa.org**



**2569 US-23 South**  
**Alpena MI 49707**



**www.facebook.com/Regi**  
**on9AreaAgencyonAging**

**WWW.NEMCSA.ORG**

# Services and Programs Provided:

## In-Home Services



Service designed to locate, mobilize and manage a variety of home care and other services needed by frail elderly persons aged 60 and older at high risk of premature nursing home placement



This program is a long-term care option for the those age 60+ or adults 18 years of age and older who are eligible for a nursing facility level of care.

**Contact the Intake Specialists to help connect you to programs and services.**

**Alpena Intake Specialist: 989.358.4631**

Service Area: Alpena, Alpena, Montmorency and Presque Isle Counties, and City of Oscoda

**Cheboygan Intake Specialist: 989.358.4740**

Service Area: Cheboygan, Lewiston, and Otsego Counties

**West Branch Intake Specialist: 989.272.2268**

Service Area: Arenac, Crawford, Iosco, Ogemaw, Oscoda, and Roscommon Counties

## Other Program and Services



# Council/Commission on Aging (COA) Guide by County of Residence



989.736.8879



989.356.3585



989.653.2692



231.627.7234



989.348.7123



989.728.6484



989.785.2580



989.345.3010



989.826.3025



989.732.1122



989.345.3010



989.826.3025

## Services:

Congregate Meals, Home-Delivered Meals, Homemaker Services, National Family Caregiver Support Program, Personal Care, Respite Care, Legal Assistance, Evidence-Based Disease Prevention, and Health Promotion and more.

## Who is Eligible:

Services are available to homebound persons who are 60 years of age or older upon completion of a qualifying assessment.

## What do Services Cost:

Participants are not charged a fee for services. Donations and cost sharing are encouraged to help maintain the program.

## How to Request a Service:

Contact the AAA or COA county for the In-Home Service Coordinator at your local senior center. Referrals are accepted from older adults, family members, physicians, hospital discharge planners, social workers, and concerned individuals.

## Caregiver Resources



## Health and Wellness Workshops

