

# Helpful Links for Caregivers

## County Council/Commission on Agings

[Alpena Senior Citizens Center](#)

[Cheboygan County Council on Aging](#)

[Crawford County Commission on Aging and Senior Center](#)

[Iosco County Commission on Aging](#)

[Montmorency County Commission On Aging](#)

[Ogemaw Commission on Aging](#)

[Otsego County Commission on Aging](#)

[Presque Isle County Council on Aging](#)

[Roscommon County Commission on Aging](#)

## Disease Foundations/Organizations

[Greater Michigan Chapter Alzheimer's Association](#)

[National Kidney Foundation Michigan](#)

[American Cancer Society](#)

[AMERICAN CANCER SOCIETY: HOPE LODGE GUEST HOUSE GRAND RAPIDS](#)

[American Parkinson Disease Association](#)

[Multiple Sclerosis Foundation](#)

## Medicare and Medicaid

[Medicare](#)

[Centers for Medicare and Medicaid Services](#)

[Michigan Medicare/Medicaid Assistance Program](#)

[Region 9 Area Agency on Aging](#)

## Adult Day Care Centers

[The Caring Place: Alpena County](#)

[Sand Castles: Cheboygan County](#)

[The Serenity Day Lodge: Roscommon County](#)

[The Cottage: Ogemaw County](#)

[The Otsego Haus: Otsego County](#)

[Michigan Adult Day Services Association](#)

## Assisted Living

[About Assisted Living](#)

[Assisted Living Directory: A Resource for Seniors and Families](#)

## Medication

[Seniors Guide to Medication Management](#)

[Drug Watch](#)

## Government Agencies

[Administration on Aging](#)

[Area Agencies on Aging Association of Michigan](#)

[Social Security Administration](#)

[Michigan Aging and Adult Service Agency](#)

[U.S. Department of Health & Human Services](#)

[State of Michigan](#)

## Long Term Care Ombudsmens

[Michigan  
Long Term Care](#)

[Region 9 Area  
Agency on Aging  
Long Term Care](#)

## Financial Assistive Programs

[Michigan Assistive  
Technology Loan  
Fund](#)

[Flood Insurance](#)

[Energy Assistance  
Programs](#)

[Rural Community  
Assistance  
Partnership](#)

## Legal Services

[Legal Services of  
Northern Michigan](#)

[Elder Law of  
Michigan](#)

## Health

[Falls Prevention  
Mayo Clinic](#)

[Quit Day – Inspiring  
People to Quit  
Smoking](#)

[National Council  
on Aging](#)

[Healthy Programs in  
MI \(MDHHS\)](#)

[Region 9 Area  
Agency on Aging  
Programs](#)

[Michigan 211](#)

## Disability Resources

[Michigan State  
Directory List  
Disability Resources](#)

[National Kidney  
Foundation  
Michigan](#)

[United Cerebral  
Palsy of Michigan](#)

[Disability Network  
Northern Michigan](#)

[Social Security :  
Benefits for People  
with Disabilities](#)

[U.S. Department of  
Health and Human  
Services](#)

## Caregiver

[Eldercare Locator](#)

[Family Caregiver Alliance](#)

[Caregiver Action Network](#)

[Caregiver Zone](#)

## Food, Nutrition and Meals Resources

[Meals on Wheels Association of America](#)

[National Institute on Aging](#)

[Michigan Coordinated Access to Food for the Elderly \(MI Cafe\)](#)

[Diet & Nutrition for Seniors: Aging Care](#)

## Kinship Care

[Family and Youth Services Bureau](#)

[Child Welfare Information Gateway](#)

[Kinship Care Resource Center Michigan State University Extension](#)

[Grandfamilies.org](#)

## Veterans Resources

[U.S. Department of Veterans Affairs: VA Caregiver Support](#)

[Michigan Veterans' Affairs Agency](#)

[Michigan Department of Military and Veterans Affairs](#)

[VA Family Caregiver Program](#)



2375 Gordon Road  
Alpena, MI 49707  
Phone: 989.356.3474  
Fax: 989.358.6604  
Website: [www.nemcsa.org](http://www.nemcsa.org)

