

# ASSISTIVE TECHNOLOGY

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Assistive Technology (AT) is any item, product, system, or equipment that improves life for older adults or people with disabilities. Assistive technology can make a difference in family caregivers and seniors' lives by supporting their health, safety, and quality of life.

## BENEFITS OF ASSISTIVE DEVICES

- Help seniors age in place
- Increase independence
- Improve quality of life
- Helps family Caregivers
- Enable social connections
- Protect senior safety
- Support senior health
- Enhance convenience
- Restore senior confidence

## WHERE TO PURCHASE?

Assistive technologies can sometimes be purchased directly from the companies that manufacture them. Stores such as Best Buy or Walmart or online retailers, like Amazon, often sell assistive technologies as well.

## PORTABLE CHAIR ASSIST – MOBILITY STANDING AID



Portable Chair Assist can be moved around the house as needed to help with getting your person up to a standing position.

Cost: \$40 to \$55, depends on brand and seller

## SWIVEL SEAT CUSHION



Swivel car seats act as a rotating cushion when placed on top of your car's seats and, allows vehicle passengers to rotate a full 360 degrees, making it easier to enter or exit the car without twisting their bodies.

Cost: \$17 to \$30, depends on brand and seller

## ASSIST BAR/CAR CANE



Assist Bars attaches to the U-Shaped latch in the car door jamb. The device then can be used a handle to help a person rise or lower into the vehicle. The device then is removed to close the door.

Cost: \$10 to \$30, depending on brand and seller

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## AUTO ASSIST STRAP/CARCADDIE



Auto Assist Strap makes it easier to get in and out of your vehicle. It is an excellent tool for people with limited mobility. Simply roll down your window and put the end of the unit's strap around the top of the window frame. Then snap the buckle in place, adjust the handle height and roll up the window. Because it is not permanently installed and has an adjustable strap, you can carry it with you to use in other vehicles.

Cost: \$10 to \$20, depends on brand and seller

## MEMORY PICTURE PHONE



10 Button Corded Picture Phone ensures that the person with dementia can connect with family and friends immediately! In two simple button presses or one-button dialing, they will be comforted by the voice on the other end of their Memory Picture Phone.

Cost: \$40 to \$55, depends on brand and seller

## OTHER DEVICES

- Cane
- Walker
- Wheelchair
- Braces
- Grab Bars
- Shower Chair
- Commodes
- Raised Toilet Seats
- Bed Rail
- Bed Pull-Up
- Hearing Aid
- Medical Alerts
- Video Doorbell
- Door Alarm with Keypad
- Robotic Vacuum
- Chair Lifts
- TV Ears
- Voice Controlled (Alarm Clock, Lights)
- Vibrating Alarm Clocks
- Motion Detecting Lights
- Automated Pill Dispensers
- GPS Tracking Device
- Easy Glide Writer/Slip-on Writing Aid
- Shoehorn
- Reachers
- Doorknob Handle Extenders
- Gait Belts
- Lift Recliner Chair
- Suction Cup Plates/Bowls
- Comfort Grip Utensils
- One Handed Knife (Ulu)
- Foam Handle
- Plate Guard
- Jar Opener
- Dial-less Telephone
- Magnifier
- Wedges
- Automatic Oven Off
- Body Care Grooming Aids – Extended handles
- Button and Zipper Aid
- Amazon Alexa