

<b>Region 9 AAA</b>	<b>Local Policy #</b>	<b>23</b>
<b>Policy</b>	<b>Name: Adult Day Service</b>	
<b>Original Policy Date:</b>	<b>November 2021</b>	
<b>Review/Revise Date:</b>		

### **Policy:**

It is the policy of Region 9 Area Agency on Aging (AAA) to conduct a formal on-site fiscal and performance assessment in accordance with the Michigan Health and Aging Services Administration (HASA) Standards and MI Choice Program Standards. The policy further sets additional minimum standards for facilities providing adult day services and is applicable to AAA grant-funded providers and to MI Choice contract providers.

### **Purpose:**

To ensure that service programs for older persons are being operated in accordance with service contracts and in compliance with State and Federal standards/regulations, and that the intended benefits of adult day services are being realized by adults 18 and older meeting the eligibility criteria for the service.

Adult Day Centers (ADC) provide needed comfort for participants and respite for family members and caregivers. Adult Day Centers provide safe, quality care for frail and vulnerable adults.

### **Facility Minimum Standards**

**Doors:** Each service center shall have an entry and/or exit door to provide participants with a safe and secure environment. The door entryway allows for the entry and exit of participants to be closely monitored. The ideal doors accommodate wheelchairs and have automatic sensors.

**Walls:** Provides ADC participants with privacy. Wandering and pacing are common dementia-related behaviors. Solid structural walls limit participants' ability to roam, stopping them from getting into unsafe environments and situations. Walls also offer a quiet area with minimal noise.

**Safety:** Basic safety precautions should be in place, such as non-slip materials on the floors and railings in walkways and appropriate bathroom modifications.

**Bathrooms:** Should be provided in close proximity to the Adult Day Center. Incontinence is common among older adults and people with dementia having a bathroom close to the center allows for discreet clean up.

**Building:** The building should be centrally located for ease of transporting participants to and from their place of residence. The outside building should be in good condition, free from debris, fall hazards, and handicap accessible.

**Pleasant atmosphere.** The overall goal should be to have a pleasant atmosphere surrounding the center. It should be clean and odor-free. Disinfecting must occur frequently throughout the day.

**Resources Center:** The task of caregiving can be overwhelming and finding and researching chronic conditions can be stressful. Resources should be available, visible and easily accessed by the caregivers, for example a resource table, or resource wall.

**Parking:** Older adults with chronic conditions have a hard time walking long distances. Close parking with adequate lighting in the parking areas must be provided.

**Measuring/Evaluations:** Include annually quality measures that monitor the impact of Adult Day Service with participants.

**Region 9 AAA strongly suggests the Adult Day centers have the following amenities:**

- Good Location
- Separate Entryway
- Activity Room
- Kitchen and Dining Areas
- Toilets and Sinks
- Shower and Bathing Area
- Office Space
- Storage Space
- Outdoor Areas
- Access to a Private Resting Area

### **Procedure:**

1. The Area Agency on Aging will ensure that one on-site fiscal assessment during the multi-year area plan cycle is conducted using the AASA Standards and Local Policy #22.
2. Prior to approval for funding of an Adult Day Center, an on-site visit will be conducted to ensure the conditions listed above are met.
3. Annually, thereafter, an on-site annual assessment will be conducted to ensure compliance with HASA and local AAA policies.