

Region 9 EBDP Active /Share Leader List



ACRONYMS

MOB - Matter of Balance

PTC - Powerful Tools for Caregivers

PATH - Chronic Disease Personal Action Towards Health

DPATH - Diabetes Personal Action Towards Health

NDPP - National Diabetes Prevention Program

Chronic Pain PATH - Chronic Pain Personal Action Towards Health

WWE - Walk with Ease

Tai Chi - Tai Chi for Arthritis and Fall Prevention

Name	County	Email	Phone Number	Workshop
April Zettle	Ogemaw	special.programs@ogemawcoa.org	989.345.3010	MOB
Alicia Graham	Ogemaw	activities@ogemawcoa.org	989.312.5308	MOB
Becky Riegle	Alcona, Iosco	briegle4@gmail.com	989.724.9381	MOB
Beverly Crawford	Montmorency	bcrawford@montmorencycoa.org	231.350.0314	MOB
Brooke Mainville	All Twelve	mainvilleb@nemcsa.org	989.358.4616	MOB, PTC, DPATH, Chronic Pain PATH,
Chuck Corwin	Roscommon	chuckccorwin2@gmail.com	734.417.1878	MOB, PTC
Deana Nichols	Ogemaw	thecottage@ogemawcoa.org	989.240.1309	MOB
Denise Thompson (Alcona Health Center)	Alpena, Oscoda	dthompson@alconahc.org	989.736.8157 Ext. 9871	MOB
Elizabeth McNicholas	Alcona, Alpena, Iosco, Oscoda and Cheboygan	lizmcnicholas@gmail.com	989.335.1777	MOB
Gloria Remus	Montmorency	gremus@montmorencycoa.org	313.550.6549	MOB
Gretchen Stelter	Otsego, Cheboygan,	gkstelter@yahoo.com	231.582.6232	MOB, PTC, PATH, DPATH, Chronic Pain PATH, Cancer PATH, Tai Chi
Heather Emerick	Roscommon	sdlcoord@rccoa.net	989.965.4184	MOB
Jackie Kennedy	Iosco	jak1811@aol.com	616.915.7962	MOB

Name	County	Email	Phone Number	Workshop
Jill Zecchini	Alcona, Iosco	Zecchini76@gmail.com	734.431.5272	MOB
Jan Williamson	Crawford, Roscommon	hhwilj@hotmail.com	989.821.6994	MOB
Jeanne Steele-Brady	Montmorency	jsteelebrady@montmorencycoa.org	989.785.2580	MOB
Jenn Brown	Iosco	warriors@tawaswellness.org	443.771.3425	MOB
Jen Gartland	Iosco	jengartland@tawaswellness.org	989.984.0066	MOB
Karen Mayer	Roscommon	2mayers@charter.net	734.564.6117	MOB
Lil Gill	Iosco	gills8383@gmail.com	248.390.1466	MOB
Linda Kline	Montmorency	Lkline@montmorencycoa.org	248.666.4172	MOB
Lori Bonifas (Alcona Health Center)	Alpena, Oscoda	lbonifas@alconahc.org	989.356.4049	MOB
Mark Ostahowski	Crawford	mostahowski@yahoo.com	989.859.7176	MOB
Nicole Wethington (MSU Extension)	Alcona, Arenac, Crawford, Iosco, Ogemaw, Oscoda Roscommon	wethingn@msu.edu	989.344.3264 Ext. 1	MOB, PTC, Tai Chi, PATH, DPATH, Chronic Pain PATH, WISE, Mindfulness, Dining with Diabetes, NDPP, SLEEP,
Sean Ahearne	Iosco	sean@tawaswellness.org	443.771.3396	MOB