# PARENTS

#### If you need help finding more immediate resources in your area,

please email the School Success Worker in your child's school. Email addresses can be found here at:

School Success Locations & Service Area

## Michigan Department of Health and Human Services Info:

You can access Mi Bridges at <a href="https://michigan.gov/mibridges">https://michigan.gov/mibridges</a> from your phone or any computer, for your benefit needs including:

Applying for benefits – food, cash, Medicaid, SER, etc. Checking benefits Address changes Uploading of documents

Please call (888)678-8914 to request a new Bridge card if necessary.

If you have questions regarding your case, please call (844)464-3447.

Please note that individuals can download and print a copy of our applications at: https://www.michigan.gov/mdhhs/0,5885,7-339-71551 7338-69226--,00.html

All program applications are also available at local DHHS offices in their secured lobbies, along with return envelopes and a drop box for everyone's convenience.

## Children's Protective Services

Reporting Abuse & Neglect

Anyone, including a child, who suspects child abuse or neglect, can make a **report** by calling **(855)444-3911**. In addition, the Child Protection Law requires certain professionals to **report** suspected child abuse or neglect.

## 211 Help

You can call 211 in your area to seek help with finding resources or go to the website at 211.org

#### Medical or safety emergency: 9-1-1

**24 hour mental health crisis line**: 1-800-968-1964 (Northeast Michigan Community Mental Health - <u>www.nemcmh.org</u>

Crisis counselor text line (24/7, national service): text HOME to 741741

Photo by Artem Avetikyan

National Suicide Prevention Hotline: 1-800-273-8255

Submit tip of criminal activity (OK2SAY): https://www.michigan.gov/ok2say/

National Domestic Violence Hotline (24/7, for survivors & victims): 1-800-799-7233, or text LOVEIS to 22522

Michigan DHHS Coronavirus Hotline: 1-888-535-6136, 8 a.m.-5 p.m., 7 days/week

Spectrum/Charter (FREE internet service for 2 months for students grades K-college): 1-866-866-4959

Free or low cost health coverage for children under the age of 19 or pregnant women of any age. Go to MIBridges at www.mibridges.michigan.gov/access or call the MI Child and Healthy Kids number: 888.988.6300.

Photo by Artem Avetikyan