

Region 9 Area Agency on Aging Dementia Support Groups

Alcona, Alpena, Arenac, Cheboygan, Crawford, Iosco
Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon

ALCONA

- **St. Gabriel Parish Hall**
 - Caregiver Support Group
 - 5570 North Lakeshore Drive
Black River, MI
 - 989.724.8262

ALPENNA:

- **Alzheimer's Association**
 - Early Stage Support Group
 - Recurring every second Thursday
 - 1:00 - 2:00 pm
 - Alpena Senior Citizen Center
501 River Street
Alpena, MI 49707
 - 989.356.3585
- **Alzheimer's Association**
 - Caregiver Support Group
 - Recurring every second Wednesday
 - Tender Care Greenview
1234 Golf Course Road
Alpena, MI 49707
 - 989.356.1030
- **Tender Care Greenview**
 - Caregiver Support Group
 - Recurring every third Thursday
 - Cabin Creek
201 N 2nd Ave
Alpena, MI 49707
 - 989.356.1030

ARENAC:

- **Sunrise Side Senior Services**
 - Caregiver Support Group
 - 3rd Thursday of every month
 - 12:30-1:30pm
 - 131 Clyde Street
Omer, MI 48749
 - 989.653.2692
 - Amy Carson

CHEYBOGAN:

- **Alzheimer's Association**
 - Caregiver Support Group
 - Recurring every second Wednesday
 - 2:00 – 3:00 pm
 - Cheboygan Senior Citizen Center
1531 Sand Road
Cheboygan, MI 49721
 - 231.238.5165
 - Jean Lang

CRAWFORD:

- **Crawford County Commission on Aging and Senior Center**
 - Caregiver Support Group
 - 3rd Wednesday of every month
 - 11:00 – 12:00 am
 - The Brook of Grayling

- 503 Rose Street
- Respite care available
- 989.348.7123

IOSCO:

- **Iosco Medical Care Facility**
 - Caregiver Support Group
 - 2nd Wednesday of every month
 - 2:00 – 3:00 pm
 - Iosco Medical Care Facility
1201 Harris Avenue
Tawas, MI 48763
 - 989.362.4424

MONTMORENCY:

- **Montmorency County Commission on Aging**
 - Caregiver Support Group
 - 4th Thursday of every month
 - 2:00 – 3:00 pm
 - Montmorency County Commission on Aging
11463 McArthur Road
Atlanta, MI 49709
 - 989.785.2580

OGEMAW:

- **West Branch Regional Medical Center**
 - Caregiver Support Group
 - 2nd Thursday of every month
 - 2:00 – 3:00 pm
 - West Branch Regional Medical Center
2463 M-30
West Branch, MI 48661
 - 989.387.0522

OSCODA

- **Oscoda County Commission on Aging**
 - 2nd Thursday of every month
 - 1:00 – 2:00 pm
 - Oscoda County Commission on Aging
429 Mt. Tom Road
Mio, MI 48647
 - 989.826.3025

OTSEGO:

- **Otsego County Commission on Aging**
 - 3rd Saturday of every month
 - 10:00 – 11:30 am
 - Otsego Haus
120 Grandview Boulevard
Gaylord, MI 49735
 - 989.732.1122

ROSCOMMON:

- **Roscommon County Commission on Aging**
 - Caregiver Support Group
 - 2nd Wednesday of every month
 - 1:00 – 2:00 pm
 - Houghton Lake Center
2625 Townline Road
Houghton Lake, MI 48629