

# REGION 9 AREA AGENCY ON AGING



**AREA AGENCY  
ON AGING**  
A DIVISION OF NEMCSA

# ANNUAL REPORT 2024

TO PROMOTE LIFELONG INDEPENDENCE  
AND DIGNITY FOR ALL INDIVIDUALS AND TO  
ASSIST THE AGED AND DISABLED IN  
MEETING THAT GOAL.

# LETTER FROM OUR DIRECTOR



**LAURIE  
SAUER**  
AAA Director

As Region 9 AAA celebrated our 50th Anniversary I want to sincerely thank our staff, volunteers, board members, and partners for maintaining services to participants over this time. We cannot do this work alone. Your contributions have impacted the seniors in our communities.

In this annual report, you will read about new programs launched, community partnerships forged, and most importantly the thousands of lives touched by Region 9 AAA.

We look forward to the next 50 years with continuing growth in services and programs that allow seniors to age in place.

## MISSION:

To promote lifelong independence and dignity for all individuals and to assist the aged and disabled in meeting that goal.

## VISION:

Every person is empowered to achieve their fullest potential.

## VALUES:

The four cornerstones of our beliefs and values are dignity, empowering people, diversity, and accountability.



The Region 9 AAA does not discriminate based on race, color, age, gender, sexual orientation, national origin or religion.

# ABOUT REGION 9 AREA AGENCY ON AGING (AAA)

The Northeast Michigan Community Service Agency, Inc. (NEMCSA) is a private, non-profit Community Action Agency, part of a state and national network of Community Action Agencies.

Since 1974 Region 9 Area Agency On Aging (AAA) has provided quality planning, programs, and services to individuals, families, and communities through the best use of human and financial resources. The agency brings federal, state, grant funds, and dollars from local, private, and public sources that aid individuals.

Region 9 AAA coordinates and develops a comprehensive service delivery system for older adults and adults with disabilities in a 12-county service area.

Some services include: Congregate Meals, Home-Delivered Meals, Homemaker Services, National Family Caregiver Support Program, Personal Care, Respite Care, Legal Assistance, Evidence-Based Disease Prevention, Health Promotion and more.

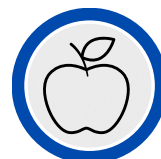
## SUPPORTIVE SERVICES



## CAREGIVERS



## NUTRITION



## HEALTH & WELLNESS



## INFORMATION & REFERRAL



## ELDER RIGHTS



# OLDER AMERICANS ACT (OAA) COMMUNITY PARTNERS

Region 9 AAA values community partnerships and collaborates with local service organizations to provide supportive programs and services for older adults and caregivers. Through the Older Americans Act, Region 9 AAA receives Federal and State funding that gets provided to local organizations serving our twelve-county service area.

The twelve local county Councils/Commissions on Aging are the grassroots services that ensure older adults, people with disabilities, and caregivers can live as independently as possible in their chosen setting. It is nearly impossible to convey the deep impact of our collective work in a few short words. Together, we are making Northeast Michigan a place where people of all ages can live with dignity and independence, and inspiring other communities to do the same.

On the next page, you will see the far-reaching impact of the contract funds as well as the local providers. Region 9 AAA would like to thank them for their partnership and support over the years.



# OLDER AMERICANS ACT (OAA) FUNDING THROUGH COUNTY COUNCIL/COMMISSION ON AGINGS

Number of Participants					
County	Homemaker	Personal Care	Respite	Home Delivered Meals	Congregate Meal
Alcona	131	50	20	208	192
Alpena	121	31	17	347	314
Arenac	99	27	8	172	208
Cheboygan	65	24	15	322	125
Crawford	77	22	11	192	788
Iosco	158	12	8	435	644
Montmorency	115	27	24	221	132
Ogemaw	140	50	18	373	370
Otsego	125	18	3	164	147
Oscoda	306	74	17	263	514
Presque Isle	32	0	1	149	177
Roscommon	135	58	27	351	311
<b>Totals</b>	<b>1,504</b>	<b>393</b>	<b>1,897</b>	<b>3,130</b>	<b>3,922</b>

## COMMUNITY BASED-CARE (CARE MANAGEMENT-WAIVER)

NEMCSA Care Teams provided care management services to 795 participants in FY 2024. This consists of performing assessments, reassessments, care plans, arranging services, person-centered advocacy and more.



**795 Community-Based Care Clients within the Care Management - Waiver Program**



**360,000 hours of Community Living Supports provided by MI Choice Waiver participants**



**47,485 Home Delivered Meals provided to Community Based Care Participants**

## PROVIDER NETWORK

Our robust provider network of 63 agencies is the backbone of all supportive services in Nutrition, Long-Term Care Services, and other areas of our work. It is a collaborative network that touches individuals' lives to improve their quality of life.



## MISSION-DRIVEN — RESULTS-ORIENTED

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### **84,140 In-Home Service Units**

Homemaking, Personal Care, and Respite



### **675,377 Meals Served**

Congregate and Home Delivered Meals



### **3,605 MMAP Clients Served**

3,648 Client Hours



### **3,672 Disease Prevention/Health Promotion Units**

363 People Enrolled in Classes



### **2,012 Care Management Units**

Provided to 235 Program Participants



### **940 Hours of Legal Services**

138 Seniors Received Free Legal Assistance



### **179 People Learned About Elder Abuse Prevention**

44 hours of collaboration with law enforcement and awareness provided



### **1,505 Medication Management Units**

Provided to 18 Program Participants



### **5 Seniors Increased Income**

1 went through Job Training and Subsidized Employment



### **7,456 Adult Day Service Units**

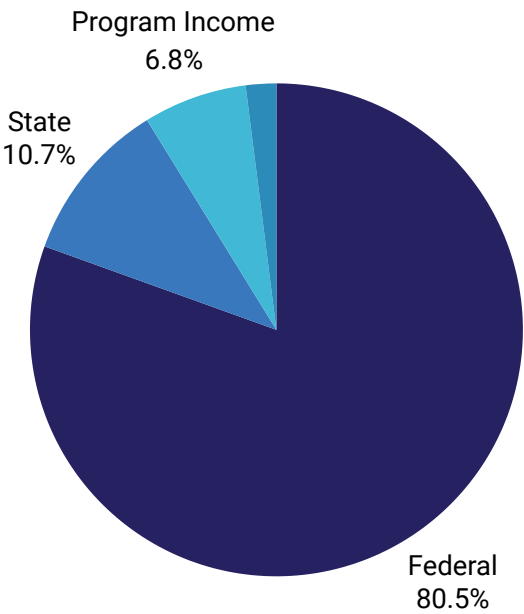
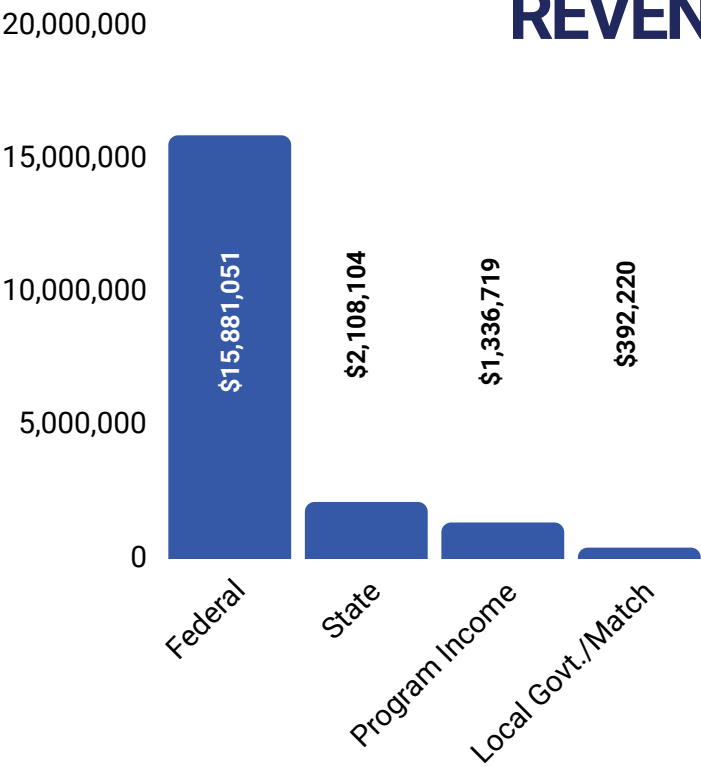
Provided to 37 participants, by four Adult Day Centers



### **73 Participants were Provided with Assistive Devices**

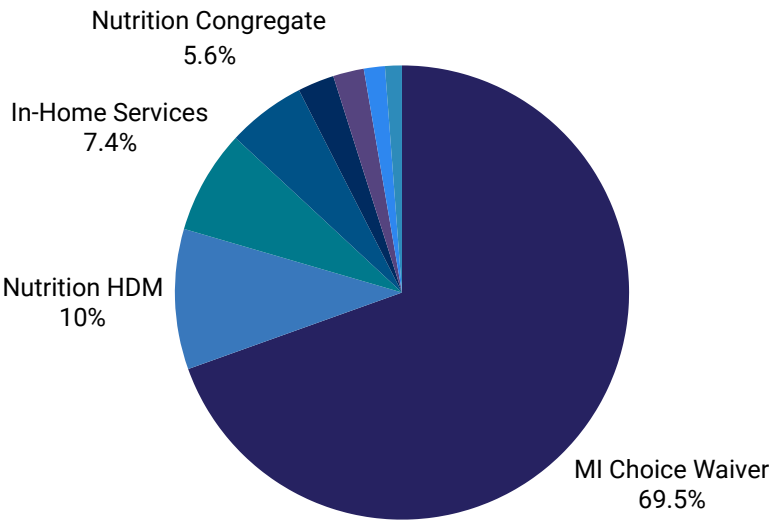
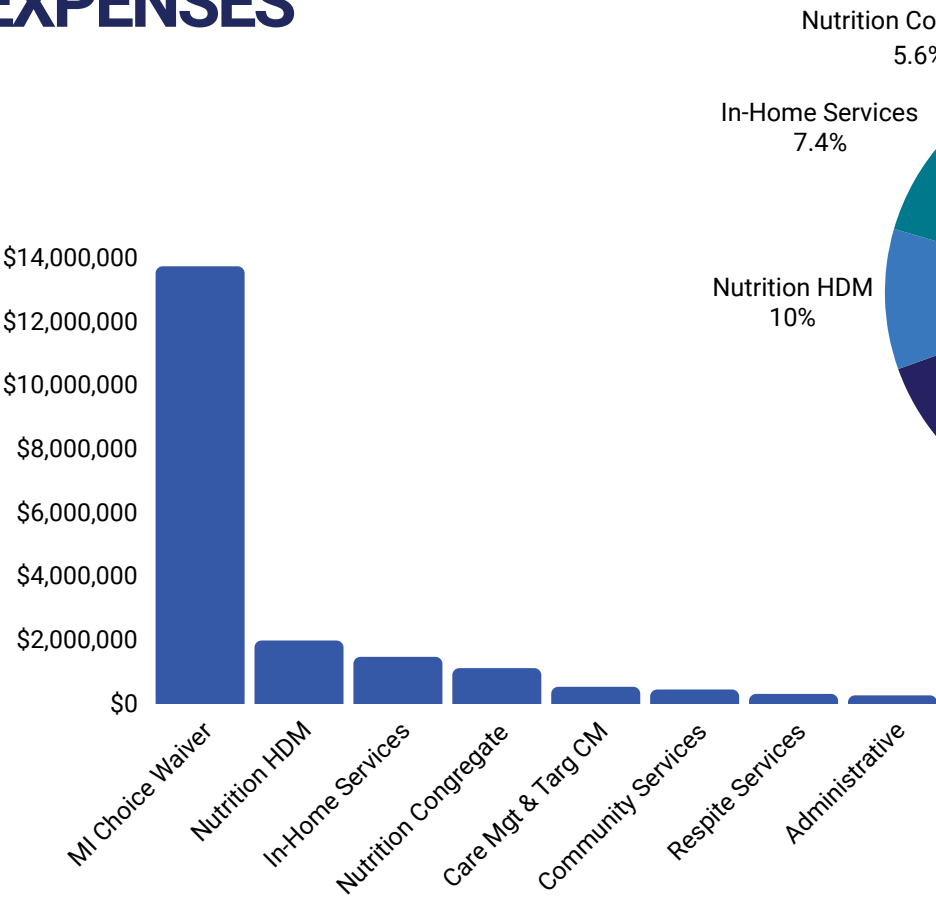


REVENUE



Produced in part with funds through the Older Americans Act, Michigan Department of Health and Human Services, and the Michigan Aging and Adult Services Agency funds.

EXPENSES



MI Choice Waiver	\$ 13,722,086
Nutrition HDM	\$ 1,967,028
In-Home Services	\$ 1,454,255
Nutrition Congregate	\$ 1,099,198
Care Mgt & Targ CM	\$ 513,539
Community Services	\$ 428,382
Respite Services	\$ 289,638
Administrative	\$ 243,968

## CAREGIVER EMPOWERMENT AND WELLNESS CONFERENCE

In April, the AAA hosted an in-person Caregiver Conference in Oscoda county, at the Mio Baptist Church. Over 80 participants attended.



## ELDER, ABUSE, NEGLECT, AND EXPLOITATION CONFERENCE

In August, the AAA held an Elder Abuse, Neglect, and Exploitation Conference at the Hillman United Methodist Church. Region 9 AAA is dedicated to preventing and identifying elder abuse within our communities. Approximately 70 participants attended.



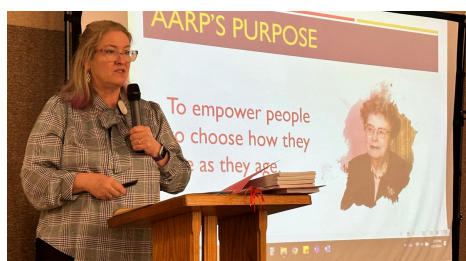
## ADVANCING CAREGIVING THROUGH TECHNOLOGY CONFERENCE

In May, the AAA hosted an in-person Caregiver Conference in Arenac county. Over 29 participants attended.

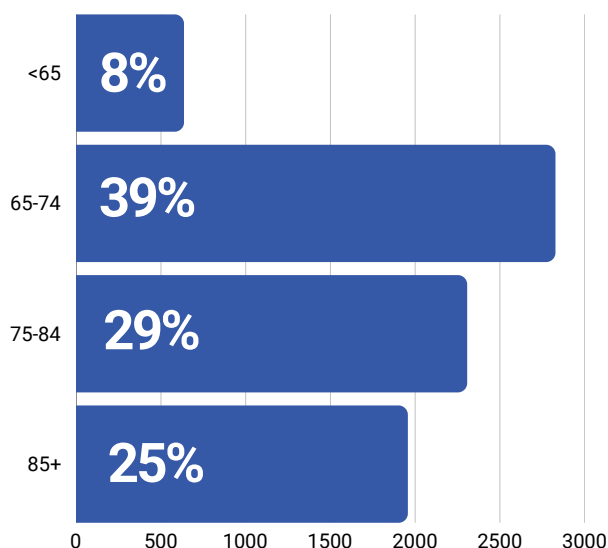


## OLDER MICHIGANIANS DAY

Eleven AAA members attended Older Michiganians Day. Over 200 constituents signed advocacy letters from across our twelve-county region. The letters were hand-delivered to Region 9 legislators.



## PARTICIPANTS BY AGE



## OPIOID AGING GRANT

Region 9 was one of two Area Agency on Aging chosen to participate in the Aging Opioid Grant through the Bureau of Aging, Community Living, and Supports (ACLS Bureau). This opportunity allowed Region 9 AAA to educate and increase awareness of older adult substance abuse and misuse for staff members, community partners, and older adults in Region 9's service area.



## REGIONAL ADVISORY COUNCIL MEMBERS

The Regional Advisory Council (RAC) consists of representatives from our twelve service counties. Members help identify the needs of older adults, disseminate information about available services in their communities, identify available resources, advocate on behalf of older adults in Northeast Michigan, and present their recommendations to the Board of Directors.

### RAC CHAIR AND VICE CHAIR

Terry Dutcher – Iosco  
Dennis Fay – Presque Isle

### REGION 9 DIRECTORS DELEGATE

Dale Evilsizer - Iosco

### MEMBERS-AT-LARGE

Shelby Gohl - Alcona  
Darlene Huff – Alpena  
Carol Wilder – Crawford  
Eileen Howell - Ogemaw  
Michigan Senior Advocates (MSAC)  
Lorelei King – Crawford

### DELEGATES

Kim Fleming – Alcona  
Jerry Broad – Alpena  
Roberta Matelski – Cheboygan  
Lorelei King – Crawford  
Carol Gosse – Iosco  
Julie Kendrick – Montmorency  
David Burdine – Ogemaw  
Connie Messina – Otsego  
Mitzi Downs – Presque Isle  
Chuck Corwin - Roscommon



## HEALTH AND WELLNESS

- 415** participants were served through 25 Health and Wellness workshops.
- 11** Healthy Living webinars took place, 167 participants attended.
- 6** New Matter of Balance lay-leaders were trained, from three counties.
- 17** Coaches from 7 counties attended the Matter of Balance Refresher in Gaylord.



## CAREGIVER OUTREACH

- 6** Caregiver Newsletters and press releases went out.
- 12** Caregiver/Dementia webinars took place, 152 participants attended.
- 2** Powerful Tools for Caregivers workshops took place with 16 participants completing.
- 51** Kinship Care applications were approved by the AAA to 35 families, 95 youth across 7 counties with \$21,992.00 being utilized.

## LONG-TERM CARE OMBUDSMAN PROGRAM

Our Ombudsman works to enhance the long-term care system by advocating for the welfare of long-term care residents and overseeing compliance with regulations and policies.



Nursing Homes



Nursing Homes Bed



Homes for the Aged



Homes for the Aged Beds



Adult Foster Care



Adult Foster Care Beds



16 cases opened and closed with 17 complaints.



104 visits to licensed homes.



The Long-Term Care Ombudsman attended 47 trainings.



33% of complaints were regarding care.

# Thank You

To our partners who provide services.  
We are grateful for the incredible work that they do.

Alcona County Commission on Aging  
Alpena Senior Citizens Center  
Alzheimer's Association  
Area Agencies on Aging Association of Michigan  
Arenac Public Transit Authority  
Aspen Ridge Retirement Village  
Au Gres Care Center  
August Haus Senior Living  
AuSable In Home Cares LLC  
Big John's Lawn Care  
Catholic Human Services  
Cheboygan County Council on Aging  
ComForCare Home Care  
Community Home and Health  
Compassionate Care Home Health  
Crawford County Commission on Aging and Senior Center  
CST  
Disability Network Michigan  
District Health Department #4  
Eden Fields Assisted Living  
Elder Abuse Task Force  
Gentle Winds, LLC  
Good Samaritan Medical Transport  
Great Lakes Home Healthcare Services, Inc.  
GT Independence  
Guardian Medical Monitoring  
Hale Creek Manor  
Harbor Care Associates, LLC  
Hart Medical Equipment  
Homestyle Direct  
Hospice of Michigan  
Iosco Commission Council on Aging

Imperium Home Care  
Kay's Caring Hands, LLC  
Leelin Home Health Care  
Legal Services of Northern Michigan Lifeline  
MacNeil Contracting  
MedScope Emergency Response and Data Services  
Michigan Department of Health and Human Services  
Mom's Meals  
Montmorency County Commission on Aging  
MSU Extension  
Northeast Michigan Home Health Care, LLC  
Ogemaw Commission on Aging  
Oscoda County Council on Aging  
Oscoda Fields Assisted Living & Memory Care  
Otsego County Commission on Aging  
Presque Isle County Council on Aging  
QMedic  
Roscommon County Commission on Aging  
Stuart T. Wilson CPA, PC  
Sunrise Side Home Healthcare  
Sunrise Side Senior Center  
Tawas Manor  
Tawas Village  
The Brook Retirement Communities  
The Horizon Senior Living  
Thunder Bay Transportation Authority  
Tommy Kasubowski  
Turning Brook  
VRI  
Woodland Acres



Donate



Volunteer



Website



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