

Northeast Michigan Regional Council on Aging
December 3, 2018 at 1:00 pm
NEMCSA Large Conference Room – Alpena

The meeting was called to order by President E. Corpe at 1:00 pm

Roll Call

P. Knaus, A. Lange, V. Zygiel, E. Corpe, C. Wilder, T. Dutcher, C. Proulx, E. Ableidinger, E. Howell, B. Kaye, M. Downs, D. Fay, C. Corwin, M. Hiller

Excused: D. Burdine, D. Huff, M. Newman, J. Mathis

Unexcused: D. Henig, E. Henig, S. Wojnar

Guests: John Briggs -SAC, Dan Doezema –AASA, Gary Wilder, Ronald Kaye.

Aging Staff: Laurie Sauer, Connie McQuarrie, Yvette Smigelski, Susan Bowen, Sara Gusler, Kelly Robinette, and Brooke Mainville

Approval of Agenda – A motion was made by C. Corwin with support from B. Kaye to approve the agenda as presented. Motion carried.

Approval of Minutes – A motion was made by D. Fay with support from M. Hiller to approve the minutes of October 22, 2018. Motion carried.

Nominating Committee – D. Fay reported on the following appointments/reappointments:

Alcona Delegate – New appointment of Paul Knaus to fill the vacant position.

Alcona Member-at-Large – Allan Fischer has been appointed to replace Stanley Wojnar

Ogemaw Member-at-Large – Eileen Howell has been reappointed.

Roscommon Delegate - Chuck Corwin has been reappointed

A motion was made by D. Fay with support from M. Downs to accept the appointments and reappointments. Motion carried.

Speaker – Donna Hardies – Catholic Human Services - Drug Free Northern Michigan

Donna is a Certified Prevention Specialist. She is currently working with the Up North Prevention Initiative. Catholic Human Services covers 21 counties.

Opioids – We've all heard about the opioid epidemic. There are three basic things you can do to help be the solution; monitor, secure, and dispose. Know your prescriptions and why and how the drug works. Lock them up in a safe place only you or your caregiver know. Prescription drugs are most likely to be stolen by someone you know. Dispose of any unused, expired or unwanted medications properly. You may take all of your medications to your local law enforcement agency for disposal. On January 1st the Opioid overdose reversal drug Narcan is available to anyone. Michigan ranked in the top 10 for overdose deaths in the nation. Anyone who attends a training will receive a kit with two applications of the drug in it for free. Kits cost \$75 each. Narcan is a nasal spray that can stop an overdose. It does not hurt you if administered to someone who is not overdosing on drugs.

Earl – Who provides the training? Donna - NEMRE will host the trainings. The State is making an effort to get drug endangered alliances set up in communities to bring awareness of endangered children who are raised in drug homes. Trainings are free of charge. In our region there is one scheduled on January 15, 2019 in Gaylord and January 17, 2019 in Alpena.

Marijuana – Donna reported the State of Michigan passed a law legalizing recreational marijuana which goes into effect on December 6th. None of our local townships passed it but we still have to deal with it. Michigan passed the largest amount a person can possess. If you are 21 or older you can carry up to 2.5 ounces in public and at home have up to 10 ounces and 12 plants. Youth access will go sky high. Ten ounces is equal to 800 joints. All of the testing done was with THC levels of 12%-15%. THC is the ingredient that gets you high. Now levels of THC can be as high as 30%-40%. Other forms of marijuana such as dabs have 60-70% and shatter has 90%. Edible food products have THC levels between 80%-90%. A bottle of pop with marijuana in it is equivalent to 10 servings of pot. A gummy bear can have 4 servings. The CBD levels have stayed the same. There was already an incident in the Atlanta public schools where a child brought brownies with marijuana in them to school. As a result, any foods brought in by students to share has to be prepackaged products.

C. Proulx – Where was the fault before the vote? Donna – The big money investors are looking at marijuana like its tobacco. The groups against legalizing it couldn't compete with the money.

B. Kaye – Are the edibles going to have age limits? Yes, the 21 and older. The problem is it's similar to alcohol, the advertising is geared to attract our youth.

P. Knaus – What is the difference between THC and CBD levels? Donna – CBD is the medicinal part of marijuana that shows some health benefits. The THC is the drugs psycho active portion.

Vaping – Rates of vaping or e-cigarette use in youth has risen 900% with a high majority of use at the junior high level. Marijuana can now be vaped. The extraction process takes the skunk smell out of it. The process can also be dangerous and has caused home explosions. This is huge for our emergency responders and in home staff. The fumes are the danger, the oil produced by the extraction is more concentrated which is what users want.

C. Proulx – How does this jive with the federal law? Donna – It is still illegal under federal law. You can't cross state lines with it or sell it unless it's an approved medical marijuana business. Townships would receive tax money, and revenues from legal medical marijuana.

B. Kaye – People think marijuana is no big deal, it doesn't mean anything, but with the increased THC levels, it can that lead to addiction. Donna – Typically smoking marijuana is where drug use starts and from there leads to harder drug usage. I am truly concerned about the youth and what opening this door will lead to. Police have gone through a lot of training to tell if someone is under the influence.

D. Fay – Can we do anything if we don't want the places selling the drug in our county? Donna – Yes, your county would have to pass an ordinance to opt out. You could still have it in your home but not public dispensaries. It has been proven that the IQ of persons who use marijuana is lower by 8 points. We won't see as much up here as down by Detroit but this will definitely change our environment and we'll have to adjust.

P. Knaus – I'm from a small west coast town that had a county population of 12,000. Since legalizing pot, the population increased to 40,000. The amount of businesses selling marijuana really increased as have the amount of arrests. This is not just impacting our youth but our entire communities. It overwhelms small communities.

Donna had various handout materials to share including free packs to render drugs inactive and random drug tests if you have a concern about your child. Random drug tests for a business to conduct can cost \$75.

Talk Sooner – TalkSooner.org is a resource for parents to access information about substance use prevention. It shows what drugs look like, their effects, etc. We need to work together and get this information out. Kids are vaping in school. Some of the devices are small and resemble a computer thumb drive. Please call Donna if you would like her to speak to local groups in your county.

Director's Report

MI Choice Waiver – The renewal was approved by CMS. It is good for five years. There are changes coming to the program that we will need to face. Enrollments are a little low so spread the word.

Cheboygan – Congratulations to CASA's efforts in having Cheboygan designated as a Community for a Lifetime this past October. They join Alpena and Gaylord in our region. It will be interesting to watch them as they work through their plan for the older adults in their community.

RSVP – Rick Houchin has been hired as the new Services Coordinator. The program currently has 260 volunteers.

E. Corpe – Amy Fuller, the RSVP Director, is resigning. Laurie – Yes, she will stay until a replacement is found. We will be interviewing five people for the position this week. She will be very hard to replace.

McLaren Contract for Community Health Worker – We received notice on Friday that the contract has been finalized. We are waiting for the details on how to move forward. We will have one staff person providing community assistance. We have no idea of the volume of clients at this point.

MMAP – So far this year during open enrollment, counselors and staff have helped save approximately \$2.4 million. They are doing a great job.

Marijuana Law. Passage of the law impacts older adults substantially. Both the AAA and COAs have staff working in the home. Clients don't always want to refrain from smoking while workers are in the home. It's a big issue of concern. Tomorrow we are meeting with all the COA directors and will provide the NEMCSA marijuana policy for guidance.

Minimum Wage and Sick Leave Laws – Laws to increase the minimum wage and change the sick leave law will cause some problems. We already have a shortage of home care workers. The laws passed the Senate and are hung up in the House due to the lame duck session.

The Corporation for National and Community Service – CNCS is restructuring their State offices to regional offices serving multiple states. This will result in the closure of the Detroit field office. We will now deal with staff in the Chicago office for our senior volunteer programs; FGP, SCP and RSVP.

Maddie – Will a lot of folks in Detroit lose their jobs? Laurie – Yes.

November Election Updates – Senator Jim Stamas is the Chair of Appropriations, House Speaker is Lee Chatfield, Floor Leader is Triston Cole, and new to our region is State Representative Curt VanderWall who replaces Booher.

Michigan Health Endowment Fund (MHEF) – Michigan United received \$200,000 in grant funds for a long term care study. The study will conduct a needs assessment of long term care in Michigan and provide actuarial analysis of potential solutions within a year. Moving to a Medicaid Managed Care system in Michigan is not looked at positively because they work from a profit mentality.

D. Doezema – What organizations make up Michigan United? Laurie – I'm not sure of all the entities.

D. Doezema – If they do an actuarial, how accurate will it be? At AASA we take various other funding sources into consideration such as millages.

IMPART Alliance – IMPART also received a MHEF grant in the amount of \$407,000 to adapt the BTBQ training for high school students.

Connect2Care – The Area Agencies on Aging Association received a MHEF grant for the Connect 2Care project. The funds will be used to develop a system to allow the AAAs to receive electronic information when clients are admitted or discharged from a hospital, nursing home, home health agency, etc.

NEMCSA Client Satisfaction Surveys – The survey will be conducted this year and there are more extensive questions this time around. It is not the little card with three questions. It's one page.

Resource Guide – A copy of A Guide to Services for Older Adults was distributed. It focuses on information about the AAAs and COAs.

Program Reports

Legal Services Board – No report.

Region 9 Directors Report – No report. The group is meeting tomorrow and Merianne will have a report ready for our February meeting.

Ombudsman Program Report – Sara reported the issue of drug use in our region also affects nursing home residents. More nursing home residents die every day from dispensed medicine that they don't necessarily need than those that die from opioid overdoses. She has been handling various complaints. A handout on how to file a nursing home complaint was distributed. You are encouraged to file a complaint online but they still have to take a complaint over the phone if you request it. October was Resident's Rights Month. Sara distributed her new business cards which includes her picture along with a door knocker that she has been handing out to residents to put on their door that asks to please knock before entering. The residents love them and administrative staff hate them. She is always looking to recruit new volunteers as well. She also attended the Consumer Voice Annual Conference in Washington DC. Michigan Elder Justice pays for all ombudsmen to go. It was all about the involvement of residents. Discussion followed.

C. Proulx – Who is responsible to know if something happens to the resident if they leave to go shopping or out to lunch. Sara – It's different if the resident has a guardian, etc. but otherwise, the nursing home is responsible if something happens. The nursing home can make up a release of liability contract for a resident to sign if they choose to go out.

C. Proulx - Can the resident make a call to get a doctor? Sara – This is an issue we are working on but doctors don't want to take patients on Medicaid who are taking drugs like Methadone. It comes down to residents rights and that a facility can't hold those things against a resident. There is a huge power struggle between administration and residents.

P. Knaus – Is there any kind of addiction program for older people up here? Sara – There is in Gaylord. P. Knaus - Is it lack of resources or funding? Sara – It's a lack of resident's rights.

P. Knaus - They can't legally admit them if they don't have the resources to treat them. Sara - That's true, but they do it all the time. Paul – I don't understand how they get away with that, where are the class action suits? Sara – I agree.

D. Doezema – There used to be a statewide substance abuse program. It's easy to assume a client isn't competent. They don't get it. Sara – In Michigan we have a huge guardianship problem. Michigan has the highest number of guardians in the nation. Nursing homes feel they have a huge power over the residents.

P. Knaus – In Alcona, the population of older persons is increasing. There are less resources. I'm taken back that when you get old your choices, rights, etc. go away. Sara – That's the culture we want to change. We have the mentality that at a certain age a person can no longer make any decisions. Overall the culture of skilled care is that they rule your decisions.

P. Knaus – Who are the advocates for us. Sara – Me, your local ombudsman and Legal Services of Northern Michigan. Social work is a profession, not a title. Less than half of the nursing homes have a professional social worker.

P. Knaus – What's the answer? Sara – I think long term care providers need more training and LARA should be citing on these issues. D. Doezema – All you need is a bachelor's degree to get a job at LARA.

MMAP Program Report – No report.

Developmental Projects Coordinator Report – Brooke reported she expended the first quarter funds for Kinship on 13 requests. Kinship is the grandparents raising grandchildren. The first Powerful Tools for Caregivers workshop was conducted in our region. With eleven completers. She has also started the Developing Dementia Dexterity Counseling program with three consults scheduled so far. The program provides tools and strategies to better handle caregiver challenges.

M. Downs – When will we get the annual meeting schedule? Laurie – At the February meeting.

Advocacy Reports

Michigan Senior Advocates Council (MSAC) – We continue to look for volunteers, we can have two. Please take this information back to your COAs and community. This position requires travel to Lansing to meet with legislators. The AAA pays mileage and overnight lodging. For more information go to: <http://www.mi-seniors.net/msac.html>

State Advisory Council – C. Corwin reported the task was to revisit previous year's projects and update them. The group conducts phone conferences monthly and will meet in person in March.

State Commission on Aging – J. Briggs reported the Commission did not meet in Nov. The Commission is made up of 15 members statewide. Mark Bromberg of Gladstone was recently appointed. He will be a good addition as he understands senior programs. John is willing to meet with anyone to help with senior issues at the state level. He will stay on as a member.

Ageing and Adult Services Agency (AASA) – Dan Doezema reported they are working on the multi-year format for 2020-2022. Online access to the work on it will be available February 1st. Recently the Federal General Accounting Office consulted with AASA on the nutrition programs.

Local Updates From Council Members

None

Action Items

MSAC Appointment – We will revisit in February.

Question or Comments

M. Hiller – Dave Zeller is the Lion in your area to contact for a speaker about the programs they have available.

C. Corwin – We are using the BTBQ program in Roscommon. All of our in home providers will be going through it to become CNAs. Chris Curtain and Melanie are doing the training.

Laurie – This is a 77 hour training program. How will they do CNA certification? Chuck – Participants will do the classroom part first and then the mandatory 16 hours of hands on in nursing homes which is required.

Adjourn

Our next meeting is scheduled for February 25, 2019 at 1:00 pm. This includes the election of officers so please notify Dennis Fay if interested in the Chair or Vice Chair positions.

A motion was made by B. Kaye with support from C. Wilder to adjourn the meeting. The motion carried. The meeting was adjourned at 3:05 pm by Chairman E. Corpe.

**Northeast Michigan Regional Council on Aging
Annual Meeting
Monday, February 26, 2018 at 1:00 pm
Annex Conference Room, US-23 S, Alpena**

The meeting was called to order by President E. Corpe at 1:00 pm

Roll Call

M. Fox, S. Wojnar, A. Lange, D. Huff, V. Zygiel, M. Newman, E. Corpe, B. Kaye, M. Tappan, C. Proulx, D. Burdine, D. Henig, E. Henig, J. Mathis, M. Downs, D. Fay, C. Corwin, M. Hiller
Excused: E. Howell

Unexcused: J. Johnston,

Guests: Dan Doezema, John Briggs,

Aging Staff: Laurie Sauer, Connie McQuarrie, Kelly Robinette, Yvette Smigelski, Liz Kowalski, Susan Bowen and Sara Gusler

Approval of Agenda

E. Corpe reported a change to the agenda. Jeni Hoppe will not be speaking today. A motion was made by C. Corwin with support from D. Fay to approve the agenda as revised. Motion carried.

Approval of Minutes

A motion was made by D. Fay with support from M. Hiller to approve the minutes of December 4, 2017. Motion carried.

Nominating Committee

Appointments/Reappointments – Dennis Fay welcomed new Iosco Delegate, Barbara Kaye.

NEMCSA Board – With the passing of Carol Athan in January, we need a volunteer to take her position as representative of this Council on the NEMCSA Board. Meetings are held the first Friday of the month, location varies. Lunch is provided. C. Corwin volunteered. The next meeting is this Friday in Gaylord. Motion by M. Hiller with support from D. Henig to appoint C. Corwin as our representative on the NEMCSA Board. Motion carried.

Election of Officers – D. Fay reported Earl Corpe has agreed to stay on as Chair. Nominations were called from the floor three times. There being no other nominations from the floor a motion was made by D. Fay with support from D. Huff to close the nominations for Chair. Motion carried. D. Fay reported that Corleen Proulx was running unopposed for Vice Chair. Nominations were called from the floor three times. There being no other nominations from the floor D. Fay made a motion with support from M. Hiller to close the elections. Motion carried. D. Fay made a motion with support from D. Huff that for the purpose of acclamation and no further nominations, the election process be closed. E. Corpe will continue as Chair and C. Proulx as Vice Chair. Motion carried unanimously.

Speaker – Liz Kowalski – Brain Health – Liz gave a PowerPoint presentation and distributed a handout on Brain Health As You Age: You Can Make A Difference! Educating on brain health

is part of our Developing Dementia Dexterity Project. Topics discussed included: Aging and Health, Age-Related Changes in Memory and Learning, Possible Risks or Threats to Brain Health, Medicines, Smoking, Effects of Alcohol, Common Conditions that Affect Brain Health, Heart Disease and High Blood Pressure, Diabetes, Alzheimer's Disease, Brain Injury, Depression, Sleep Apnea, What You Can Do To Protect Brain Health, Take Care of Your Health, Eat Healthily, Get Moving, Keep Your Mind Active, Stay Connected, What Can You Do Today, and Additional Sources of Information.

Director's Report

Conflict of Interest Statements – The annual statements were distributed for completion.

AADE Accreditation – The AAA has received accreditation from the American Association of Diabetes Educators (AADE). We utilized the Diabetes Personal Action Toward Health (D-PATH) as our curriculum. Despite the credential, we are still unable to bill Medicare. We need two billable services. We are looking into options. It will take us some time but we are taking steps in the right direction.

AAA Staff – We hired a new nurse in the West Branch Office. Tina Pate started last month. We still have one nurse position to fill in that office and an open supervisory position. Two new social workers started in the Alpena office; Amber Kalitta and Shirley Diamond. They will replace Annette Murphy who retires in April and another case manager that we had a waiver for but now has been pulled back due to the licensing requirement. Also, Liz Bushey has been hired to work with Sara on the PREVNT grant.

Powerful Tools for Caregivers – This program is being re-introduced in the region. Kara, Chuck and Sara were initially trained a couple of years ago but no classes were held. Liz will become a leader this June. We hope to offer classes by the fall.

Area Agency on Aging Association of Michigan - Linda Burghardt is no longer the director. The search is on for her replacement.

Retired Senior Volunteer Program (RSVP) Veterans Coffee Hour – The second coffee hour was held in Roscommon County with 30 vets in attendance, 11 new. We hope it continues to grow. E. Corpe – We are in the process of establishing one in Crawford County. They want to establish it away from the senior center and away from any particular post. Laurie – Recruiting continues for all three programs; RSVP, Senior Companion Program (SCP) and Foster Grandparent Program (FGP). Please help spread the word.

Managed Health Plans – In January, seven AAAs met with Interim Medicaid Director Kathy Stiffler and Dick Miles regarding the plan to move of Long Term Services and Supports to Managed Health Plans. There was plenty of good discussion but we were not able to gauge the state's next move on where they see things going with the MI Choice Program. Then the Crain's article came out (copy distributed). Laurie encouraged all Council members to read it and give it some serious thought. If the waiver program moves to managed healthcare plans, will it be person centered? What happens to local control in the future if the program moves to a for-profit entity? Will the focus change from providing services and supports to keep people home to cost savings? MI Choice already operates as a managed care program. All current waiver agencies are pre-paid ambulatory health plans operating as a capitated system. You need to express your feelings to your legislators.

MI Choice Stakeholder's Meeting – A stakeholder's meeting was held in Gaylord on January 29th. We were looking for input from providers and participants of the waiver program. We had a great turn out. Only one caregiver attended and no clients although all were invited by letter. There was a lot of discussion regarding the direct care worker issue.

MI Choice Provider Meeting – A provider meeting was held in Alpena on February 15th. Attendance was low. Contract and training requirements were reviewed.

Federal Budget – The federal budget has been extended to March 23rd in hopes of a final deal soon. Laurie distributed a copy of the FY 2019 Labor-HHS Appropriations as of February 12, 2018. Highlights of Trump's budget from NCOA include a cut in Medicare of \$237 billion, \$1 billion in Medicaid, \$72 billion in SSDI and SSI, \$213 billion in SNAP and \$2 million in Elder Justice. Programs slated to be eliminated include SCSEP, Falls Prevention, CDSME, LIHEAP, CSBG and CDBG, Senior Corps, CFSP, and SHIPs. All other aging programs would be flat funded. This would have a huge impact if it goes through.

State Budget – Flat funding is expected. The Commission on Services to the Aging is currently looking at the Intra-State Funding Formula data along with census information. Although it's preliminary, our region is looking at a 6% decrease in funding,

Nursing Home Change – Fortis Management Group (Tendercare) is in receivership as of February 1st to become Prestige facilities (Medilodge).

Older Michiganians Day – OMD will be held in Lansing on May 16th. Attendance will be critical this year. Let Laurie know if you will be attending.

Program Reports

Legal Services Board – Jim Mathis reported. A copy of the December minutes were distributed. They met last Saturday. Finances are good, they have good reserve funds. They discussed the need to work on helping more seniors. One of the biggest issues has been housing. A fact worth noting, every women's shelter has had a director turnover this year. Elections were held and the same slate of officers was voted in and the budget was approved for the year.

Region 9 Directors Report – Merianne reported the group met with the AAA. Not much discussion. Merianne went to the Houghton Lake Valentine's Day offering. It was wonderful. She recommends you check out the offerings there.

Ombudsman Program Report – Sara reported she is working on updating the training guide for the PREVNT senior bullying. She will have two or three volunteers starting soon. Best Practices will be held in May on either the 2nd or 3rd Friday. They are looking for a location. Sara has a few presentations coming up and she will train all the state ombudsmen on senior to senior bullying.

MMAP Program Report – Susan reported there has been an increase in calls due to BCBS increasing their rates effective April 1st. They sent letters indicating the increase but it didn't show the subsidy which is causing confusion. There will be an on-line training webinar for new volunteers on March 14th followed by an in-person training with Susan here in June. She still needs a volunteer for Alcona County. Ogemaw and Roscommon only have one. Also, just a reminder that it is very important that we have a quorum for our May 21st meeting. Susan will need a recommendation from this Council on the Annual Implementation Plan.

Special Projects Coordinator Report – Liz distributed a flyer on the Caregiver Empowerment & Wellness Conference to be held on April 24th at the Diocese in Gaylord. The conference is geared toward both professional and unpaid family caregivers. Keynote speakers are Brenda and Mark Roberts. They will provide education on dementia-related illnesses and share their story and knowledge of living with young-onset dementia. Otsego Memorial Health will be offering OT and PT speakers to discuss home safety and accessibility along with talking about assistive technology to help support caregivers, MidMichigan will be presenting on depression and caregiving, Dr. Lyn Behnke will present on Caregiver Wellness and the importance of self-care, and finally Gina Bey will be sharing community based care resources. The event is free, deadline for vendors is March 26th. No CEU's are offered but a certificate of attendance will be provided. We have 69 registered so far. Press releases will go out soon.

Communities for a Lifetime – The Cheboygan Adult Services Advocates (CASA) has taken the lead to obtain the Communities for a Lifetime designation for the City of Cheboygan. They plan to submit a complete application by May 9th so they could be approved as early as June.

Developing Dementia Dexterity – We are currently in the second year of the three-year grant. The goal is to prepare the aging network to serve and support people with dementia and their caregivers. Our agency has developed a protocol to help identify adults with no prior dementia related illness who may possibly have changes in cognition, offer support and resources to them and their caregivers. This protocol requires that the case management team conduct a brief screening and depending on the client or caregivers response, it would trigger action by the team to offer a letter to let their care provider know and provide resources and information. We have a case management team currently piloting this. We want to focus on community outreach. Liz will be reaching out to the COAs to offer their staff in-service training on dementia.

Advocacy Reports

MSAC – C. Proulx reported she attended her first meeting in Lansing which included a few visits to legislator offices including Cole, Stamas and Booher. The Governor mentioned the Silver Key Coalition in his state of the state address. An Income Tax Bill passed giving seniors age 62 and older a \$100 credit beginning in tax year 2018. There has been no movement on the Elder Embezzlement Bills. The MSAC group discussed various topics including attendance of Baby Boomers at senior centers. Their lifestyles are different and our focus will have to change. They even view volunteering differently.

State Advisory Council – C. Corwin reported they continue to have conference call meetings and will meet in person next month to develop a final draft by the end of March.

State Updates

State Commission on Aging – John Briggs reported he attended three meetings since we last met. They meet next on March 16th. He volunteered to be on a committee to look at the Intra-State Funding Formula. There may be an opportunity to look at other factors. Our population hasn't increased as much as the state overall. Minority and poverty rates for seniors in our region didn't change enough to make a difference. He is hoping for good discussion and fairness. We have 34% of our region as being age 60 and older.

Aging and Adult Services Agency (AASA) – Dan Doezema reported the Field Service Support Unit had a planning day. Eric Burke, long time AASA employee will be leaving. This will be a big change, he'll be taking a lot of knowledge with him. There has been some shifting with other field reps taking on other regions. He discussed performance indicators and income and how it plays into managed care. We need to be able to compare the outcomes of our network against medical health plans. We know how to look at the needs of the older person. This is a real opportunity to define for ourselves what we do.

Local Updates From Council Members

Chuck – The Roscommon COA purchased a 27-passenger bus and will be sending folks to both the Caregiver Conference and Older Michiganians Day. Call the center to inquire and arrange for transportation.

Dennis – Our Onaway Center has a new site manager who is also a certified MMAP Counselor.

Action Items

Approval of the 2018 Meeting Schedule – Earl proposed we change the January meeting to February because the weather is always so bad that month. A motion was made by D. Burdine with support from V. Zygiel to revise the proposed meeting schedule. Motion carried. We will get everyone a new copy of the meeting schedule as soon as possible.

Appoint Nominating Committee for 2018 – Earl asked for any volunteers for the committee. Maddie Hiller and Dale Henig volunteered. A motion was made by D. Huff with support from C. Corwin to accept the addition of Maddie and Dale to join Dennis and Corkie as members of the 2018 Nominating Committee. Motion carried.

Question or Comments

Our next meeting is scheduled for Monday, April 23rd at 1:00 pm in the large conference room at NEMCSA.

Adjourn

A motion was made by D. Huff with support from D. Fay to adjourn the meeting. Motion carried. The meeting was adjourned at 2:42 pm by President E. Corpe.

Northeast Michigan Regional Council on Aging
Monday, April 23, 2018 at 1:00 pm
NEMCSA Large Conference Room - Alpena

The meeting was called to order by President E. Corpe at 1:00 pm

Roll Call

S. Wojnar, A. Lange, D. Huff, V. Zygiel, M. Newman, E. Corpe, Merianne Tappan, C. Proulx, D. Burdine, E. Howell, D. Henig, E. Henig, M. Downs, D. Fay, C. Corwin, M. Hiller

Excused: B. Kaye

Unexcused: J. Mathis

Guests: John Briggs,

Aging Staff: Laurie Sauer, Connie McQuarrie, Kelly Robinette and Yvette Smigelski

Approval of Agenda – A motion was made by V. Zygiel with support from M. Hiller to approve the agenda as presented. Motion carried.

Approval of Minutes – A motion was made by D. Henig with support from D. Fay to approve the minutes of February 26, 2018. Motion carried.

Nominating Committee

Appointments/Reappointments – D. Fay reported there have been two resignations from the Council: Alcona Delegate Margaret Fox and Iosco Delegate Jeffrey Johnston. We also have one new appointment for Crawford Member-at-Large, Carol Wilder. A motion was made by D. Fay with support from D. Henig to accept Carol Wilder as Member-at-Large for Crawford County. Motion passed unanimously.

Vacancies – D. Fay also reported we have vacancies for a delegate position in Montmorency and Member-at-Large positions in Arenac, Cheboygan, Iosco, and Otsego.

By-Law Review Committee

Chairman E. Corpe asked for volunteers to act as our By-Law Review Committee to review and propose revisions. C. Corwin, D. Fay and D. Burdine volunteered. A motion was made by D. Huff with support from A. Lange to accept the members of the By-Law Review Committee. Motion carried. E. Corpe called for a temporary closure of the meeting to allow time for the committee to meet. A motion was made by C. Corwin with support by D. Burdine to close the meeting. Motion carried. After the committee met, a motion was made by C. Proulx with support from D. Fay to re-open the meeting. Motion carried.

Speaker – Laurie Sauer – Advocacy

Handouts were distributed. Laurie presented a PowerPoint presentation on the AAA's Platform for Legislative Action. One major way we advocate is by attending Older Michiganians Day (OMD). OMD is held annually in Lansing and is designed to highlight the contributions of older adults as well as their current and future needs. This is an opportunity for our legislators to hear from their constituents as well as AAA staff. Michigan's older adult population is growing. There has been significant growth in those aged 60 and older over the last 8 years with an increase of 50,000 in 2018 alone and 15% of Michigan adults age 18-59 have a disability. The

prevalence of disability among adults over the age of 60 increases to almost one in three with one in five adults over the age of 65 having multiple disabilities.

Long-term services and supports are expensive. The average annual cost of nursing home care in 2016 was \$82,128. In 2015, 62% of nursing home residents relied on Medicaid. The national profile of Medicaid long-term services and supports expenditures has shifted away from primary dependence on institutional care with Michigan slowly shifting to community based care.

Currently Michigan is ranked as the 5th worst state in this rebalancing effort. Michigan is focusing on four strategies: #1 – Rebalance Medicaid Long-Term Supports and Services by expanding the MI Choice Medicaid Waiver program and supporting AASA in-home services. #2 – Make Michigan a No-Wait State for senior in-home services. The Silver Key Coalition is requesting \$3 million for fiscal year 2019. #3 – Address Direct Care Workforce Issues. Home health aides are projected to be the fifth-fastest growing occupation between 2014 and 2024, with more than 348,000 new jobs. Personal care aides are projected to add more than 458,000 new jobs. A handout on the shortage of home care workers was distributed. #4 – Prevent Elder Abuse. Support adequate funding for elder abuse prevention programs and policies that aim to prevent physical, psychological, and financial abuse. Discussion followed:

M. Downs – What is Telehealth? Laurie – It’s referring to technology that provides monitoring services such as emergency response systems, blood pressure and glucose monitoring done in the home, the ability to conference with health professionals, etc.

E. Howell – Has there been any change in the income limit for the waiver? Laurie – The waiver income limit is 300% of the SSI rate and its adjusted annually. The waiver only looks at the income of the individual, not the spouse. It does count assets. The income limit for community Medicaid is different. It’s very low.

C. Proulx - If a single person is on the waiver, what happens when they need overnight care? Do you pay for 24-hour care? Laurie – It depends on the individual’s situation. They may have informal supports available they can utilize. It’s not always a situation where someone needs to be present for 24 hours.

E. Corpe – Why would there be a wait list? Laurie – Because funding is limited. Nursing home care is an entitlement program. For the MI Choice Waiver, we get one pot of money which will only support so many clients. There is only so much money the legislature appropriates for the program. That’s where advocacy makes a difference. We haven’t had a wait list in our region for over a year. John Briggs – The big factor is that the nursing home lobby is well entrenched and vested. Laurie – Nursing homes have a significant role in the continuum of care, but most people want to remain home. Many nursing homes are shifting their focus to rehabilitation.

Director’s Report

Older Michiganians Day (OMD) – Laurie distributed a Save-the-Date flyer. OMD will be held on May 16, 2018 at the capital in Lansing. Chuck Corwin, Ann Lange and Corky Proulx plan on attending. Please get the names of all who are going to Laurie by April 27th so she has time to set up appointments with legislators. She has 45 lunch tickets available for those attending.

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NEMCSA Newsletter – If you are interested in receiving the NEMCSA newsletter and Lisa Bolen's, Executive Director Report, sign up at www.nemcsa.org.

Section 298 Initiative – The initiative to integrate behavioral health with physical health is moving forward with three pilot sites; Muskegon CMH and WMCMH, Genesee Health System, and Saginaw CMHA. AAAs will be watching closely.

IMPART – In the past, funding provided the BTBQ direct caregiver training program. Another grant was secured and a free train the trainer will be held in June. This will still be a 77 hour program with certification for direct care workers.

Senior Corps Programs – Amy and her staff have been working hard to expand the program. A small increase is expected in state funding due to the program closure in the UP. Heidi is also working hard to recruit and recently trained seven new volunteers.

Area Agencies on Aging Association of Michigan - Ryan Cowmeadow is the new executive director for MSAC. He coordinated the Silver Key Coalition early on.

CDCN – This collaborative effort with the health department of Northwest Michigan has a new coordinator, Kathleen Jakinovich. No meetings to move forward have been scheduled to date.

AAA Staff Update – There are several staff changes. We hired two new social workers in Alpena; Amber Kalitta and Shirley Diamond. Jenna Lindholm is now a supervisor for the Gaylord and Cheboygan offices. Becky Tousigna is the new supervisor in our West Branch office which leaves openings for both an RN and a Case Manager position in West Branch. Also, Liz Kowalski, Special Projects Coordinator will be leaving us in June. She is expecting her third baby and will be working as an at-home mom.

C. Corwin – With the addition of the new nurse in West Branch, are you fully staffed? Laurie – We still have one vacancy.

New Projects – The AAA is working to firm up our emergency preparedness efforts establishing elder abuse prevention relationships with shelters and law enforcement, etc.

Coming Events – We have our Caregiver Conference in Gaylord tomorrow. We are at capacity with 150 expected. An Active Shooter Training will be held in St. Helen on April 26th at Kirtland, this training is also free. Other scheduled events include: May 2, 2018 Pre-Bidders Conference and Region 9er meeting, May 11, 2018 Best Practices Conference, May 14, 2018 Health Policy Forum, May 15, 2018 Foster Grandparent Program Recognition, May 16, 2018 OMD, May 21, 2018 Public Hearing on the 2019 AIP followed by the Regional Council on Aging meeting. It is important that we have a quorum for support and recommendation to the NEMCSA board. May 22, 2018 will be a Day of Training on ethics in Mio.

C. Proulx – Who can change the stipend amount for the FGP and SCP? Laurie – That is set by the federal government. What we need to raise is the income level so more are eligible.

Isolation of Older Adults – A handout was distributed. Loneliness and social isolation are now believed to be as dangerous to our health as smoking 15 cigarettes a day, and surpass the mortality risks of obesity.

Program Reports

Legal Services Board – No report.

Region 9 Directors Report – No report.

Ombudsman Program Report – No report

MMAF Program Report – Yvette reported next week is the deadline to apply to be a MMAF volunteer.

Developmental Projects Coordinator Report – Yvette reported we have 20 vendors and five sponsors for the caregiver conference tomorrow. CCC classes will begin on Wednesday, May 2nd in Harrisville. These are held once a week for six weeks. Liz presented on brain health at two meal sites in Alcona. Both were very well received. Her work on communities for a lifetime continues. Cheboygan is working to finalize their application which will be submitted to a review panel in early May.

Advocacy Reports

MSAC – C. Proulx reported on her meeting in March where the group discussed school safety, tax credits and the complaints regarding unclaimed taxes, MI Choice Waiver and the \$600 appropriated for roads. There is a grant to explore managed care plans for behavioral health to start in July. MSAC members also discussed the platform for OMD, the no-fault bills, Bill #5027 assault law on elder abuse and the shortage of care aides. Most have no credentials. Solutions were discussed.

State Advisory Council – Chuck reported the group continues their work on developing a report which is expected to be finished by the end of summer.

State Updates

State Commission on Aging – John Briggs reported the Commission approved Chuck Corwin for another three years on the State Advisory Council. They approved the additional \$3,588 in funds for each Senior Corps Program. RSVP has 16 programs operating in the state. More Project Fresh coupons will be available to assist seniors in affording fresh Michigan produce. The volunteerism project by the State Advisory Council continues. The Nutritional Guidelines were approved. There were only minor changes on some AAA requirements. Review of the Intra-State Funding Formula continues. Detroit will have a continual loss of funding. The Commission will work to develop a fair and equitable distribution. The Commission also supports a proposal of a state increase of \$100,000 for each of the FGP, SCP and RSVP programs.

Aging and Adult Services Agency (AASA) – No report.

Local Updates From Council Members

C. Corwin – The Roscommon COA has identified a building for an adult day care center. The plan is to open October 1st. The COA has also started a Salon-on-Wheels program providing basic hair care services for homebound seniors. This is the first service of its kind in Michigan. A lead salon professional has been hired by the COA who is experienced, licensed, insured and background checked. Appointments can be made by calling the COA where the salon professional will personally speak with the client to assess their level of comfort, hair care and salon needs. Future services will include complete hair care, manicures and pedicures. Our lunch menu will now include the amount of carbohydrates per meal.

Action Items

Approval to Revise the By-Laws to Address Change in Annual Meeting Month – C. Corwin, Chair of the By-Law Review Committee reported on proposed changes to the by-laws. Any amendments made must be approved by the NEMCSA Board of Directors by request from this Council by action at two consecutive meetings. This meeting is the first and the proposed changes will be addressed again next month. The proposed changes are as follows:

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Article X A #1 Change to “A minimum of six (6) meetings annually is required”.

These proposed changes will be distributed at our next meeting for review and vote to submit to the NEMCSA board for approval.

Question or Comments

Just a reminder, our next meeting will be held on Monday, May 21st and includes a public hearing on the 2019 Annual Implementation Plan. Your attendance is critical. It is very important we have a quorum for this meeting.

Adjourn

A motion was made by D. Henig with support from M. Hiller to adjourn the meeting. Motion carried. The meeting was adjourned at 2:43pm by Chairman E. Corpe.

Northeast Michigan Regional Council on Aging
Monday, April 23, 2018 at 1:00 pm
NEMCSA Large Conference Room - Alpena

The meeting was called to order by President E. Corpe at 1:00 pm

Roll Call

S. Wojnar, A. Lange, D. Huff, V. Zygiel, M. Newman, E. Corpe, Merianne Tappan, C. Proulx, D. Burdine, E. Howell, D. Henig, E. Henig, M. Downs, D. Fay, C. Corwin, M. Hiller

Excused: B. Kaye

Unexcused: J. Mathis

Guests: John Briggs,

Aging Staff: Laurie Sauer, Connie McQuarrie, Kelly Robinette and Yvette Smigelski

Approval of Agenda – A motion was made by V. Zygiel with support from M. Hiller to approve the agenda as presented. Motion carried.

Approval of Minutes – A motion was made by D. Henig with support from D. Fay to approve the minutes of February 26, 2018. Motion carried.

Nominating Committee

Appointments/Reappointments – D. Fay reported there have been two resignations from the Council: Alcona Delegate Margaret Fox and Iosco Delegate Jeffrey Johnston. We also have one new appointment for Crawford Member-at-Large, Carol Wilder. A motion was made by D. Fay with support from D. Henig to accept Carol Wilder as Member-at-Large for Crawford County. Motion passed unanimously.

Vacancies – D. Fay also reported we have vacancies for a delegate position in Montmorency and Member-at-Large positions in Arenac, Cheboygan, Iosco, and Otsego.

By-Law Review Committee

Chairman E. Corpe asked for volunteers to act as our By-Law Review Committee to review and propose revisions. C. Corwin, D. Fay and D. Burdine volunteered. A motion was made by D. Huff with support from A. Lange to accept the members of the By-Law Review Committee. Motion carried. E. Corpe called for a temporary closure of the meeting to allow time for the committee to meet. A motion was made by C. Corwin with support by D. Burdine to close the meeting. Motion carried. After the committee met, a motion was made by C. Proulx with support from D. Fay to re-open the meeting. Motion carried.

Speaker – Laurie Sauer – Advocacy

Handouts were distributed. Laurie presented a PowerPoint presentation on the AAA's Platform for Legislative Action. One major way we advocate is by attending Older Michiganians Day (OMD). OMD is held annually in Lansing and is designed to highlight the contributions of older adults as well as their current and future needs. This is an opportunity for our legislators to hear from their constituents as well as AAA staff. Michigan's older adult population is growing. There has been significant growth in those aged 60 and older over the last 8 years with an increase of 50,000 in 2018 alone and 15% of Michigan adults age 18-59 have a disability. The

prevalence of disability among adults over the age of 60 increases to almost one in three with one in five adults over the age of 65 having multiple disabilities.

Long-term services and supports are expensive. The average annual cost of nursing home care in 2016 was \$82,128. In 2015, 62% of nursing home residents relied on Medicaid. The national profile of Medicaid long-term services and supports expenditures has shifted away from primary dependence on institutional care with Michigan slowly shifting to community based care.

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Question or Comments

Just a reminder, our next meeting will be held on Monday, May 21st and includes a public hearing on the 2019 Annual Implementation Plan. Your attendance is critical. It is very important we have a quorum for this meeting.

Adjourn

A motion was made by D. Henig with support from M. Hiller to adjourn the meeting. Motion carried. The meeting was adjourned at 2:43pm by Chairman E. Corpe.

**Northeast Michigan Regional Council on Aging
Public Hearing - FY 2019 Annual Implementation Plan
May 21, 2018 at 1:00 pm
NEMCSA Large Conference Room - Alpena**

The meeting was called to order by President E. Corpe at 1:00 pm

Roll Call

S. Wojnar, A. Lange, D. Huff, V. Zygiel, M. Newman, E. Corpe, C. Wilder, T. Dutcher, C. Proulx, D. Burdine, D. Henig, E. Henig, M. Downs, D. Fay, C. Corwin, M. Hiller, T. Dutcher
Excused: B. Kaye, E. Howell

Unexcused: Jim Mathis

Guests: Dan Doezema, John Briggs

Aging Staff: Laurie Sauer, Connie McQuarrie, Becky Hawks, Yvette Smigelski, Susan Bowen

Approval of Agenda

A motion was made by V. Zygiel with support from M. Hiller to approve the agenda as presented. Motion carried.

Approval of Minutes

A motion was made by D. Fay with support from D. Huff to approve the minutes of April 23, 2018. Motion carried.

Nominating Committee

Appointment – D. Fay reported on the appointment of Terry Dutcher as the Iosco County Member-at-Large. A motion was made by D. Fay with support from C. Proulx to accept the appointment. Motion carried. Welcome Mr. Dutcher.

At this time Chairman E. Corpe closed the meeting and opened the public hearing.

Public Hearing – FY 2019 Annual Implementation Plan (AIP) – Susan Bowen

Present: In addition to the members listed in the rollcall above also present was Andrea Hepburn and Lisa Bolen.

Copies of the draft plan were distributed as well as a copy of the PowerPoint presentation. Susan Bowen explained this is the third year of the 3-year Multi-Year Plan for 2017-2019. The AIP document provides an opportunity to review the AAA's progress, add new programs, and adjust goals. It is required by the Aging and Adult Services Agency of the Department of Health and Human Services. It must be approved by the Michigan Commission on Aging.

The AIP includes program priorities, planned services, program development objectives and progress, advocacy efforts and budgets. The core functions of the AAA are to concentrate resources to develop capacity, develop a comprehensive and coordinated service delivery system, provide planning, program development, administration and monitoring, and advocate for a vulnerable population.

The plan encompasses various state and regional goals. Region 9's priorities are to; promote Evidence-Based Disease Prevention programs, continue person-centered thinking and awareness education, provide technical assistance to the local Councils/Commissions on Aging and other partners, effective stewardship of funding, and advocate for senior issues. The State specifies six goals. The state goals and the objectives and progress by the AAA were reviewed.

There were two new objectives added for 2019 under State Goal #3: Hold a caregiver wellness conference, and have a staff member trained to lead Powerful Tools for Caregivers an Evidence-Based Disease Prevention class series. The AAA achieved two national accreditations; Care Management and LTSS from the National Committee for Quality Assurance, and one from the American Association of Diabetes Educators which is necessary to bill Medicare for Diabetes education, in certain cases.

The AAA provides four direct services: LTC Ombudsman, Outreach for Kinship Care, Care Management, and the Medicare/Medicaid Assistance Program (MMAAP). Purchase of service is available primarily for Care Management clients for Medication Management, Specialized Respite, and Personal Emergency Response Systems (PERS).

The area plan budget for planned services is broken down with 2% in purchase of services, 16% in direct services, and 82% in contracted services. Funding considerations include the specific objectives under the Older Americans Act along with meeting the AASA Minimum Standards and providing adequate coverage of the region.

Advocacy is also very important. The AAA holds membership at the local, state and federal levels by having representation on six advisory councils, the Michigan Senior Advocates Council, the State Advisory Council, various senior organizations and through the support of a coordinated system of information, referral and access to services. The AAA will continue to support Community Based Care Programs, MMAAP, and the LTC Ombudsman program.

The following questions were addresses:

C. Proulx – Looking at State Goal #1 and the loss of 2% of volunteers for the SCP, can the RSVP divert any volunteers? Laurie – Since developing the draft, the SCP numbers have improved a little bit. There are challenges to recruiting for this program because you must meet income requirements and volunteer a certain amount of hours. Our staff really does a good job of finding which program best suits the volunteer's interests.

M. Downs – What does PATH stand for? Susan – Personal Action Toward Health.

E. Corpe – Is MMAAP still in the state budget? Susan – Yes, it is funded with a \$2 million dollar increase. We still need to advocate for the program.

C. Proulx – Is the PERS unit available to anyone who needs it? Laurie – No it's very limited. Right now it's just available for Care Management clients. It is also funded by Medicaid for Waiver clients.

C. Wilder – Is this all actual money or is some in-kind? Susan – It is all actual money. Laurie – It's not cash that comes into our agency but funds used by COAs which is counted as match.

M. Downs – If a county doesn't use all of their funds, can they give them to another COA? Yvette – Not directly, the money is returned to the AAA and offered to any of the other COAs who then can apply for the funds.

M. Downs – Where do we fit with advocacy? Susan – You are the Northeast Michigan Regional Advisory Council.

D. Fay – I imagine it was a bit scary developing this plan without knowing the funding. Thank you, good job.

The deadline for written or electronic testimony is Wednesday, June 6, 2018. You can send it to Laurie, Connie or myself.

Earl reopened the Region Council on Aging meeting at 1:35 pm

Director's Report

OMD – Laurie attended the event in Lansing along with 13 others representing 7 of our 12 counties. Senators Stamas and Schmidt stopped by along with Representative Wentworth and Sue Allor's aide. Three other representatives and one senator didn't make it down. Senator Schmidt is involved in a town hall meeting and suggested we do something similar in our region to focus on senior issues. Region 10 is having one on June 18th at 1pm at the Bellaire senior center. Perhaps one of your COA's would like to partner with us to hold an event in our region.

FGP – The program held its 43rd annual recognition event. Volunteers with 20 years of service or more received special recognition. One participant is retiring after 23 years with the program, she is 99 years old. E. Corpe – I encourage you to promote the program or take your knowledge and share it with children by becoming a volunteer. The SCP will hold their annual recognition on June 12th.

RSVP – Recruitment is going strong. Michael Blewett had 20 new volunteers sign up recently. The Veterans Coffee Hours continue in Roscommon with a barbeque planned for August 4th offering free plane rides for veterans.

Fraud and Abuse – A brochure on Medicaid Fraud: Protect Your Tax Dollars was distributed. Laurie attended a meeting with the Office of the Inspector General in April. There are three divisions within the agency dealing with Medicaid fraud and abuse; Operations, Enforcement, and Integrity. Operations include all administrative functions, data analytics, etc. Enforcement deals mostly with recipients and all assistance programs administered by the DHHS. The Integrity Division deals with providers and all things Medicaid; monitoring program integrity for Michigan Managed Care Programs including the Waiver. The AAA and COAs are expected to report any suspected Medicaid fraud or abuse. We expect to be hearing more from the Inspector General's office. The next meeting will be held in August.

Michigan Health Policy Forum – The forum - Civil Discourse; The Gateway to Sustainable Policy Changes was held on the 14th. Policy experts gave views from both the left and right. Statements and dialog were made by Senator Hertel and Representative Confield on the role of government related to health policy, insurance, and the Affordable Care Act. There are differences in views on healthcare as a right rather than just for those with the ability to afford it. Interesting perspectives given by both sides.

New staff – Brooke Mainville will be replacing Liz Kowalski. She starts on May 29th. Lisa Flinn is the new nurse in the West Branch office. We will be hiring a social worker for that office as well.

Other Events - Salli Pung from the State Long Term Care Office will be visiting us on May 30th. An assessment on the PREVNT grant is scheduled for June 29th. The Nutrition Summit is scheduled for August 7th at the MacMullen Center in Roscommon County. An Ethics Training will be held tomorrow for AAA and COA staff.

SGA – We do not have our SGA from AASA to date but they did receive their federal grant dollars. It does not include the NSIP funding.

Program Reports

Legal Services Board – No report.

Region 9 Directors Report – Merianne reported the director's met with the AAA on May 2nd following the RFP Pre-Bidders Conference. There was an IMPART presentative which was quite informative. All the COAs need to update and implement our emergency preparedness plans. We received a copy of the revised AASA Standards for Nutrition to review. Gina also reported on the requirements for waiver clients. Merianne attended OMD and really enjoyed it. Thank you to the Roscommon COA for providing transportation.

Ombudsman Program Report – Sara was not present so Laurie gave her report. A flyer was distributed for Best Practices. The date was changed to September due to low registration. Sara presented the CORE program at the Mental Health and Aging Conference in Lansing last week and also the Michigan Assisted Living Association's Annual Conference and trade show the week prior. Both sessions had good attendance levels and participant reviews thus far are very positive. She will be training all Michigan Long Term Care Ombudsman on June 7th in Mackinaw; also attending this Train the Trainer session will be members of Consumer Voice, who are coming from Washington DC to hear the presentation. CORE will also be featured in an upcoming webinar on June 26th related to resident-to-resident mistreatment; this webinar is being provided by the Consumer Voice. Dr. Karl Pillemer, some of whose work was included in our CORE program, works to study resident-to-resident aggression, and will be leading the webinar. Additional PREVNT/CORE presentations planned include both a Train-the-Trainer session and standard staff training (2 days) with UPCAP and partner agencies in July, as well as a Train-the-Trainer day in Isabella County for our lower peninsula AAA's. Sara is also currently in a work group with a number of other regional ombudsmen throughout Michigan to develop a study related to resident satisfaction in nursing homes.

MMAP Program Report – Susan reported that the Office of Inspector General also oversees Medicare fraud. She has been tracking the number of recent cases in Michigan, there have been seven since the beginning of January in Michigan alone. One fraudulent billing is for over \$8 million. Cases include home healthcare fraud, fraudulent billing, etc. West Branch has been identified as having all the aspects of fraud to happen due to the number of healthcare agencies and physical therapy offices for the size of their population.

Susan has eight signed up for a new volunteer training. One is a retired public health nurse. She is very happy to have two for Iosco County. A possible second training will be held in September. Other trainings coming up this summer; Site Coordinator's Training in June and one for Medicaid Specialists.

C. Proulx – What does the Medicaid Specialists do? Susan – They counsel on Medicaid in the community. There are 33 Medicaid programs. We deal basically with clients on Medicare who qualify for Medicaid.

C. Wilder – Are these all volunteers? Susan – Some of the MMAP volunteers are paid staff at the COAs. We assist with anything Medicare. A MMAP Coordinator from Region 4 sent an article from consumer reports that says sometimes you can get a cheaper prescription if you don't use your insurance but this is something the pharmacist legally can't tell you unless you ask.

M. Tappan – At Older Michigianians Day seniors were advocating to add dental care to Medicaid. I think that's a great idea.

C. Wilder – When Epi-Pens first came out we got coupons for a free one then they raised the price to \$100 for the second one. You can get a cheaper generic brand.

C. Proulx – I don't like getting two bills for an x-ray, one for the x-ray and another bill for someone to read it.

Developmental Projects Coordinator Report – Yvette reported for Liz. She is half way through the CCC classes at the library in Harrisville. She has eight participants. She has set up her schedule for adult day center assessments, one has been completed. Liz will also be working diligently to bring Brooke up to speed.

Advocacy Reports

MSAC – Corky reported the group spent most of the morning preparing for OMD. They also got some background information from the new director. They will continue to advocate for and support Money-Follows-The-Person.

State Advisory Council – Chuck reported the Volunteerism Report should be out by the end of summer. A suggestion for next year's charge is to revisit and update some of the previous reports we've done over the years.

State Updates

State Commission on Aging – John Briggs reported the Commission had a light agenda. Their by-laws were reviewed and revised to allow the Vice Chair to serve two years and be reappointed for another two-year term. The Intrastate Funding Formula review was completed and recommendations are out for review and comment. The Commission recommends the retention of the current factors and weights including the geographic base. It is an equity split that has to be done. Also recommended is to update the population data at five-year intervals, and that the impact of population changes should be phased in for funding allotments over a two-year period beginning in fiscal year 2019 and 2020. We have a strong advocacy group with this Commission and we will use that role to advocate to legislature. The commission will meet again next month.

Laurie – We will get the funding formula recommendations out to the COAs as soon as possible for your input. It is very important not to have the geographic portion taken away per Detroit's request. John – We need more seniors moving to our area.

Aging and Adult Services Agency (AASA) – Dan Doezema reported it is important to retain our senior populations which is one of the intents of Communities For A Lifetime. Cheboygan had a good group. S. Bowen – You should have their application today. The state budget is unpredictable. It's hard for AASA to get the SGAs out in a timely manner. We are trying to be

flexible with carryover. The state is also looking at more performance measures for next year. It's important for us to be able to report what we do in a cost effective manner.

Local Updates From Council Members

C. Proulx – The Montmorency COA started handing out Project Fresh Coupons. We received an extra 25 coupons this year.

A. Hepburn – The senior center held a graduation for 8 students from Aces Academy who completed our Project Student Gourmet program, 22 initially started. The center received a \$200,000 grant from Michigan Health Endowment Fund, and partnered with Aces Academy. The students learned how to work in a kitchen, food preparation, cooking, and customer service. Many of these kids didn't socialize outside of school, some had been suicidal or homeless. Many of the seniors connected with the students. We will receive another \$100,000 grant for two-years. We want to build a greenhouse to grow our own herbs and have a bakery on site.

Action Items

Endorsement of the FY 2019 Annual Implementation Plan - A motion was made by D. Henig with support from D. Huff to endorse the AIP. The motion passed unanimously.

Approval to Revise the By-Laws – Copies of the changes were available. A motion was made by V. Zygiel with support from D. Huff to approve the revisions. The motion passed unanimously. Laurie – This was the second vote by this Council approving the revisions. It will now go to the NEMCSA board in June.

Question or Comments

Our next meeting is scheduled for July 23rd.

Adjourn

A motion was made by D. Henig with support from E. Henig to adjourn the meeting. The motion passed. The meeting was adjourned at 2:25pm by Chairman E. Corpe.

**Northeast Michigan Regional Council on Aging
July 23, 2018 at 1:00 pm
NEMCSA Large Conference Room - Alpena**

The meeting was called to order by President E. Corpe at 1:00 pm

Roll Call

S. Wojnar, A. Lange, D. Huff, V. Zygiel, M. Newman, E. Corpe, C. Wilder, B. Kaye, T. Dutcher, M. Tappan, C. Proulx, D. Burdine, E. Howell, D. Henig, E. Henig, J. Mathis, M. Downs, D. Fay, C. Corwin, M. Hiller

Excused: None

Unexcused: None

Guests: John Briggs, Mr. Kaye

Aging Staff: Laurie Sauer, Connie McQuarrie, Becky Hawks, Yvette Smigelski, Kelly Robinette, Brooke Mainville, Susan Bowen and Gina Bey

Approval of Agenda – A motion was made by V. Zygiel with support from M. Hiller to approve the agenda as presented. Motion carried.

Approval of Minutes – A motion was made by D. Fay with support from D. Henig to approve the minutes of May 21, 2018. Motion carried.

Nominating Committee

D. Henig reported both his and Edward's terms are up this December and they will be retiring from the Council. He introduced Violet Ward whom he hopes will replace him as delegate.

Speaker – Becky Hawks – FY 2019 Recommendations for Funding

Laurie reported the AAA operates on a 3-year funding cycle. Through the Multi-Year Annual Implementation Plan, we award grants to entities to provide the nutrition and in home services piece. In addition to that, we hold a request for Proposal (RFP) for 1-year grants for additional programs. The handouts are the results of that process; the applicants, what they requested, and the recommendations by the Review Committee. A draft copy of the recommendations was distributed and reviewed by Becky.

- Merit Award #1 and #2 and State Caregiver Support for Adult Day Services – There was \$122,207 in available funding. Eight requests were submitted. Of those, two were not recommended for funding; Arenac because they did a separate request for the funds and Ogemaw who proposed to enhance their adult day care program, but that piece was not addressed in the RFP. A total of \$180,034 was awarded.
- Elder Abuse Prevention – A total of \$6,833 is available. Three proposals were received and recommended funding at the level requested for a total of \$4,069 awarded. The unallocated portion of \$2,764 will either be put out for a second round of RFPs or the AAA can put on an Elder Abuse Conference.

M. Downs – What prompts the second round? Laurie – Many COAs support the annual conference the AAA puts on and don't want to do one themselves. If they were to apply, it's usually a one-time thing they will do at their centers.

- Title IIID Evidence Based Disease Prevention Health Promotion – A total of \$22,500 is available. Five requests were submitted, three were recommended to be funded at the requested level. Two, Alpena and Roscommon, scored just below the required 40 points. The AAA will tentatively award them each \$2,000 if they provide the missing information to bring up their scores.
- National Family Caregiver Support Program (NFCSP) – A total of \$99,114 is available. Twenty seven applied. There are three different categories of funding;
 - Creating Confident Caregivers with \$10,000 in funding received two requests which were recommended to be funded at the requested amount of \$3,939.
 - Health Resource and Support Groups with \$27,000 in funding received 12 requests which were all recommended to be funded at the requested amounts.
 - Kinship with \$27,000 in funding received 5 requests. Four were recommended to be funded at \$7,250.
 - Respite with \$45,000 in funding received 8 requests, recommended to be funded at \$45,000.

A total of \$9,864 is available in the Kinship Purchase of Service and \$6,061 in CCC funding remains unallocated.

C. Corwin – Only 2 counties applied for CCC funds? Becky – Yes.

Director's Report

The annual AAA Director Evaluation was distributed for completion by the council members.

AAA Staff – Brooke Mainville has been hired as the new Special Projects Coordinator. She replaces Liz Kowalski.

Older Michiganians Day Advocacy – Our advocacy efforts were very successful with an increase of \$2.5 million for AASA funded in-home services, \$3.8 million for MI-Choice Waiver and \$100,000 for each Senior Volunteer Program.

State Funding – Since our last meeting there was an increase in state funding. The NEMCSA Board approved an increase in the local funding floor or Title IIIB Services from the current \$20,500 to \$21,000.

By-Laws – The NEMCSA Board approved the proposed revisions to the Regional Council on Aging By-Laws. A revised copy was distributed.

Veterans Updates – The Mission Act 2018 was passed by both chambers, this replaces the CHOICE Act which gave veterans more access to local doctors. It removes the 30-day, 40 mile barrier which allows more flexibility for rural areas. It also consolidates 7 duplicative community care programs and incorporates feedback from veteran's service organizations to the Oversight Commission. Veterans will also now have full access to affordable financing on home purchases.

PREVNT Grant – This is our senior bullying project. There will be no opportunity for us for this grant next year. The AAA developed a new concept to work with law enforcement and provide dementia training. Unfortunately we missed the submission deadline due to the Internet being down. Susan put a lot of effort into writing the grant. We are looking for other funding opportunities for this concept. It may fit into a new state effort of developing dementia funding. Brooke will take on some in-home consultation visits with care management clients that have been screened for dementia. Based on the score of the tool, and if the client is open to speaking to someone about it, Brooke will meet with them.

Mobility Challenge Grant – This application was to connect folks to transportation services and other entities as well. Our letter of support did not go through due to the Internet being down. OCATS in Oscoda partnered with the grant. However, if MUVE receives funding, Region 9 will be a partner at some level.

Other Grants - The AAA was invited and will partner with Elder Law of Michigan on another federal grant to fund the MiCafe Program. Susan is working on a submission to the Michigan Health Endowment Fund for an advocate/navigator concept we have. Some details need refining, but we are hopeful. Also, the DDD will be adding an in-home consultation component to it and are looking at possibilities to add the law enforcement training piece we had planned for PREVNT. There was recently an increase in funds.

C Proulx – How much funding will that be? Laurie – We haven't completed the submission yet so I'm not sure of the exact amount. This would be a social worker type position.

PREVNT Assessment – An assessment was conducted by AASA on June 29th. There were no findings or compliance issues.

Coming Events – There were no applicants for the second round of remaining Elder Abuse Funds so the AAA will hold an Elder Abuse Prevention Conference on August 16th at the Knights of Columbus in Cheboygan. A full Community Based Care staff meeting is scheduled for tomorrow. David Shaltz will present on Medicaid and Long Term Care Eligibility along with a luncheon for retiring staff person, Lana Coiner. The Nutrition Summit will be held on August 7th and the Best Practices Conference is scheduled for September 14th in Gaylord.

Program Reports

Legal Services Board – Jim Mathis nothing to report.

Region 9 Directors Report – Merianne reported the COA Directors have not met.

Ombudsman Program Report – No report.

MMAP Program Report – Susan is completing the AAA Annual Report for the AASA Assessment. She reported on the MMAP Recognition held last week. She had the largest group attending from Region 9 to date. Winning regional awards were: Most Volunteer Hours, Larry Calder, Alpena County; Most Volunteer Counseling Hours, Jan Williamson, Roscommon County; Most Counseling Hours for Paid-in-Kind (PIK), Sarah Skowronski, Otsego County; Most Volunteer Outreach, Jan Williamson; and Most PIK Outreach was a tie between Amy Carson, Arenac County, and Sarah Skowronski. Receiving a nomination for Team Member of the Year was Jan Williamson and nominated for Site Coordinator of the Year was John Panci, from Otsego County.

M. Hiller gave an update on her Epi pens. She was able to get two for \$15 due to a new program through Walgreens. You do need a doctor's request initially.

Developmental Projects Coordinator Report – Brooke reported she is working on the Elder Abuse Prevention Conference scheduled for August 16th from 9am to 3pm at the Knights of Columbus in Cheboygan. She has six speakers scheduled. She was recently trained on in the Powerful Tools for Caregivers and will be trained in Creating Confident Caregivers (CCC) at the end of this month.

Advocacy Reports

MSAC – C. Proulx reported the group hasn't met since May. She reviewed the minutes from her last meeting. They have a new executive director, Ryan Cowmeadow. The group discussed a possible name change for MSAC and is gathering feedback. He is networking with PACE, Mental Health and ARC of Michigan. Ballot items for discussion include legalizing Marijuana and Redistricting. The bill for the Medicaid work requirement disregards persons 63 and older but will require those under age 63 to work a certain amount of hours per month to keep Medicaid. There are other exemptions as well.

State Advisory Council – Chuck reported work continues on the final report. They are working on a title. Their next meeting will be a face-to-face in Lansing on August 15th.

State Updates

State Commission on Aging – John Briggs reported they met last Friday in Munising and approved new standards for Access, the Trust Fund amounts, 3rd year funding for Dementia Dexterity, and finally approved the Intrastate Funding Formula. There was a push at the end by AAA 1A to eliminate the geographic factor. The Commission approved the formula with the geographic factor as is. There will be a two-year phase in to be fair and equitable. The next two meetings will be in Lansing where the AIP's will be presented for approval. We don't know what the federal funding will look like for next year but the carryover of state funds will help cushion any cuts.

T. Dutcher - Does the state reallocating of taxes tie into this? John – No, that comes down to us at the local level. We need to take care of our own folks, nobody wants an increase in taxes.

M. Downs – That's why our millages are very important. John – Yes, they're critical.

Aging and Adult Services Agency (AASA) – Dan Doezema is here conducting the AAA assessment.

Local Updates From Council Members

Gina Bey reported she reviewed five client files with Dan. There was no negative feedback, it was all good.

D. Fay – We are waiting for our new bus. We were able to sell our old one to OCATS. We have our renewal of our Transportation Millage in August.

M. Downs – The COA will be in the Nautical Festival Parade on August 5th to advertise the millage.

Action Items

FY 2019 Contracts – Recommendations for Funding - A motion was made by D. Huff with support from D. Fay to approve the recommendations as presented. Motion carried. C. Corwin recused himself from the vote due to conflict of interest.

Question or Comments

Our next meeting is October 22, 2018

Adjourn

A motion was made by M. Hiller with support from D. Burdine to adjourn the meeting. Motion carried. The meeting was adjourned at 2:04 pm by Chairman Corpe.

Northeast Michigan Regional Council on Aging
October 22, 2018 at 1:00 pm
NEMCSA Large Conference Room – Alpena

The meeting was called to order by President E. Corpe at 1:00 pm

Roll Call

S. Wojnar, D. Huff, M. Newman, E. Corpe, C. Wilder, T. Dutcher, C. Proulx, E. Ableidinger, D. Burdine, E. Howell, D. Henig, J. Mathis, M. Downs, D. Fay, C. Corwin, M. Hiller

Excused: V. Zygiel, Ed Henig, A. Lange

Unexcused: B. Kaye

Guests: John Briggs -SAC, Lisa Bolen –NEMCSA Ex. Dir, Dan Doezema - AASA

Aging Staff: Laurie Sauer, Connie McQuarrie, Yvette Smigelski, Kelly Robinette, and Brooke Mainville

Approval of Agenda – A motion was made by D. Henig with support from D. Huff to approve the agenda as presented. Motion carried.

Approval of Minutes – A motion was made by D. Fay with support from C. Corwin to approve the minutes of July 23, 2018. Motion carried.

Nominating Committee - D. Fay reported on a new appointment for Montmorency Delegate, Elaine Ableidinger. A motion was made by D. Fay with support from C. Proulx to approve the appointment. Motion carried. C. Proulx has been reappointed as the Montmorency Member-at-Large. A motion was made by D. Fay with support from D. Henig to approve the reappointment. Motion carried. D. Fay also reported that the Presque Isle COA reappointed him as Member-at-Large. A motion was made by D. Huff with support from D. Henig to accept his reappointment. Motion carried. Violet Ward will replace Dale Henig as the Oscoda Delegate when his term expires in December. A motion was made by D. Henig with support from M. Hiller to accept the appointment. Motion carried.

Speaker – Jake Ordway and Amanda Tolen - Alpena Township Fire Department – Fire Safety Presentation.

In 2015 there were over 1 million fires across the United States. Smoke detectors are your best defense for early smoke detection. The alert will allow you time to get out of your home. Materials used to build and furnish newer homes are more flammable and allow less time to get out. Smoke alarms should be mounted as high as possible in the home and replaced every 10 years or sooner. Carbon Monoxide Detectors are also important as the gas is colorless and odorless. They should be placed on every level of home and mounted at chest level, although floor level is adequate as it is a low setting gas. There are dual functioning alarms which work well for both. Symptoms of carbon monoxide poisoning include; headaches, nausea, shortness of breath, dizziness and loss of consciousness.

Other precautions you can take in the event of a fire is to be sure your stove and laundry vents are kept clear and sleep with your bedroom door closed. Closing the door provides an extra barrier and extends the length of time you can be in the room by 10 minutes. Videos were shown on how rapidly fire engulfed a room in an older home versus a newer home. You have less than 3 ½ minutes to escape a room that catches fire. The most important thing you can do is have an escape plan that the entire family has practiced and call 9-1-1 immediately. Home sprinkler systems and window ladders also increase fire safety. Jake reviewed the various types of fire

extinguishers available. When using one, be sure to aim toward the base of the fire, not the flames and sweep back and forth to smother the flames. For electrical safety, don't overload outlets or run extension cords over carpeting for long periods of time. Keep heaters away from fabrics, empty ashtrays often and douse with water before throwing in the trash, and unplug appliances when not in use. Discussion followed.

C. Proulx – Is there one fire extinguisher that can cover all types of fires? Jake – Yes, ABC will cover three types of fires; paper/materials, liquids/gases, and electrical. Fire extinguishers have an expiration date and should be inspected annually. They can be recharged but it can be just as expensive as buying a new one.

C. Proulx – For those hard of hearing, are the light flashing smoke detectors readily available? Jake - Yes, you can find them at Walmart and Home Depot.

T. Dutcher – As an insurance agent I can tell you that various things effect your insurance rate including the distance you live from a fire station, available fire hydrants, etc.

Director's Report

AIP – Our Annual Plan was approved by the State Commission on Aging in September. A common theme emerging from the presentations is transportation and the Personal Care Aide shortage. A handout was distributed of our regions achievements and challenges that was shared with the Commission.

Community for a Lifetime – A handout was distributed. Cheboygan County was approved and their designation was presented at the Senior Health Fair held on October 11th. This will not be a requirement for our annual plans in the future but you are encouraged to seek designation for your county.

Funding Formula Changes – A handout was distributed. The state formula changes every five years based on several factors including the 60+ population, percent of poverty, minority, and geography. In fiscal year 2019, our region will see some reductions in funding. While we have seen an increase in our aging population, other areas of the state have increased in aging population faster than we have. Yvette reviewed the handout information. The first page is a preliminary estimate with a flat dollar figure with the 6.8% reduction for our region. The Straight Weight is a calculation used to figure your funding formula. Calculations from both the 2010 and 2016 census were reviewed. The 2016 chart shows the percentages for our region. We received our first Statement of Grant Award (SGA) for the first quarter. It shows an increase in In-Home Services and a slight increase in Escheat Respite. M. Downs – Do we get different amounts each quarter? Yvette – Lately yes but not typically. We will know further in December when we get our 6-month Statement of Grant Award.

November 6 Election – A handout was distributed outlining Proposal 18-1, 18-2, and 18-3.

Social Security – In January 2019 those on Social Security will see an increase of 2.8%. This is the biggest increase since 2012. The SSI rate will increase to \$771 and MI Choice eligibility to \$2,313 per month along with other criteria. We don't yet know if the deductibles and copays will increase.

Mileage Forms – Revised mileage reimbursement forms were distributed. Please discontinue using the old ones. C. Corwin – This sheet is dated 10-05, is this current? Yvette – Yes, we'll get that corrected.

MI Choice Waiver Program Changes – The Nursing Facility Transition Program (NFT) as we know it is gone. Housing as we know it is gone. Those services are now covered under the Medicaid State Plan for Services which means almost any Medicaid provider can do them. Because of this, we had to lay off two staff people. The State Plan revision has not yet been approved by CMS. There will also be changes in how reimbursement will be processed along with more reporting requirements. We will need a Compliance Officer and a Compliance Committee of the NEMCSA board as well. Other changes coming, all service providers will have to sign up through the CHAMPS system to run background checks. If you don't sign up you won't be paid. The Electronic Visit Verification (EVV) will be implemented. This is a system where in-home workers will check in when they enter and leave the client's home as well as document what was done in the home.

Center for Medicare/Medicaid Services (CMS) – CMS is launching a new Medicare initiative. 65% of beneficiaries are on the internet daily thus the initiative will bolster consumer data integration and web product development in order to improve access to personal health data and modernize Medicare.gov.

Contract with McLaren – We have signed a contract to provide some community health work. We will bring back one of the laid off staff workers to fill this position. At this time we do not know if it will be part or full-time.

AAA/COA Directors Meeting – Our next meeting is scheduled for December 4th here at NEMCSA.

Program Reports

Legal Services Board – Jim Mathis reported their audit went well and all was good. There was a lot of talk about smaller senior living facilities on the west side of the state being purchased and redeveloped. They fear there will be a shortage of senior living facilities.

Region 9 Directors Report – No report.

Ombudsman Program Report – Sara is at a conference. No report.

MMAP Program Report – Susan is out for MMAP. No report.

Developmental Projects Coordinator Report – Brooke reported on two evidence-based disease programs Region 9 is currently holding; Creating Confident Caregivers and Powerful Tools for Caregivers. The CCC is being led by Kara LaMarre and Brooke in Alpena with 14 participants and the Powerful Tools is being led by Chuck Corwin and Brooke in Crawford County with 13 participants. It is the third year of the Developing Dementia Dexterity grant and she is currently working on expanding the services.

Advocacy Reports

Michigan Senior Advocates Council (MSAC) – C. Proulx reported she has resigned from the MSAC. She was unable to bring last month's report. The email from the state is not compatible with her computer. Earl thanked her for her time spent on MSAC and is looking for someone to replace her. You meet in Lansing and discuss issues of importance to seniors. Any overnight stay and mileage are reimbursed by the AAA.

State Advisory Council – C. Corwin reported they will meet this Wednesday. Their Volunteer Report has been finalized and submitted to the Commission. For fiscal year 2019 the group has been charged with reviewing and updating the information and data from past projects.

State Commission on Aging – J. Briggs reported the Commission met last week. Every region in the state had an increase in seniors over the last five years, unfortunately, the money doesn't increase. Detroit still loses in population. You all do well in supplementing your funds with your millages and fundraisers. He also attended the Community for a Lifetime designation in Cheboygan. It was very nice. The community put a lot of effort into looking at the needs of seniors and methods for improvement.

Aging and Adult Services Agency (AASA) – Dan Doezema reported the Cheboygan article was very good. There are some things a community can do to improve things for seniors that won't cost a lot of money. AASA is focusing on updating the service standards. There have already been revisions to Information and Referral and Care Management. Performance outcome measures for the next 3-year plan won't be too difficult. We want you to use the same methods already used for the Care Management Program.

NEMCSA - Lisa Bolen reported she met with Representative Sue Allor and followed up with the Michigan Department of Health and Human Services regarding the Michigan Energy Assistance Program. Seniors can still access the program by completing a paper application through their local DHHS offices. NEMCSA has funds but the model is changing and requires your first assist to be through the DHHS. Applicants must also be State Emergency Relief (SER) eligible. This puts a lot of burden on local libraries for use of their computers. C. Proulx – I called the DHHS intake number and had to wait up to 90 minutes before I got through. Lisa – Unfortunately the model does not fit every county.

NEMCSA Board – Lisa reported we do not have to fill any vacancies from this Council. We have three representatives; C. Corwin, E. Corpe, and C. Proulx.

Local Updates From Council Members

C. Corwin – I have resources for low cost or no cost hearing aids: Your local Lions Club and St. Vincent de Paul or the following websites: <https://www.starkeyhearingfoundation.org/hear-now>, www.williamssound.com/rald.

Roscommon Adult Day Center – C. Corwin reported the Serenity Day Lodge opening will not happen this month as anticipated. Renovations are taking a little longer than initially expected. The new center will be located in the old health department in Roscommon.

Action Items

MSAC Appointment – C. Proulx reported the members meet in Lansing where topics specific to seniors are discussed and legislative visits made. You're advocating for senior issues and funding. Chairman Corpe asked for volunteers. There were none at this time. Laurie - It can be a member of your community as well or a husband and wife team. Give it some thought.

Combined November/December Meeting – A motion was made by C. Wilder with support from D. Huff to hold our combined November/December on Monday, December 3rd. Motion carried.

NEMCSA Board – No need for replacement. No action required.

Question or Comments

Mileage Reimbursement Rates – A handout was distributed. This information was updated due to a request by a COA Director. We're just sharing it with you, the COA directors received a copy previously.

Adjourn

A motion was made by D. Huff with support from M. Hiller to adjourn the meeting. Motion carried. The meeting was adjourned at 2:43pm by Chairman E. Corpe.