

# PARKINSON'S DISEASE SUPPORT GROUPS

Parkinson's support groups are designed for people with Parkinson's, their families, and other support individuals. They are intended to provide education, advice, and awareness of community services available in dealing with this chronic disease.

## **Alpena County**

Third Monday of every month. First United Methodist Church 167 South Ripley Boulevard Alpena, MI 49707 1:00 p.m. to 3:00 p.m. Phone: 989.370.6854 Facilitator: Judy Poli

# **Cheboygan County**

Third Tuesday of every month. Cheboygan Public Library 100 South Bailey Street Cheboygan, MI 49721 1:00 p.m. - 3:00 p.m. Susie: 231.625. 8368 Martha: 231.818.1900

#### **losco County**

Third Thursday of every month. Tawas Area Presbyterian Church 2095 US-23 East Tawas, MI 48730 10:00 a.m. - 12:00 p.m. Rachel Haviland: 989.984.5292

#### **Otsego County**

Fourth Thursday of every month. Otsego County Commission on Aging 1165 Elkview Ave. Gaylord, Michigan 2:00 p.m. to 4:00 p.m. 989.732.1122 Facilitator: John Panci www.OtsegoCountyCOA.org

### **Ogemaw County**

Second Tuesday every month. MyMichigan Medical Center 2463 S. M-30 West Branch, MI 48661 2:00 p.m. to 3:30 p.m. 989.246.6388 mary.griffore@mymichigan.org Facilitator: Mary Griffore

#### **Roscommon County**

Second Tuesday of the month. RCCOA Administration Building 1015 Short Drive, Suite A Prudenville, MI 48651 1:00 p.m. - 2:00 p.m. Phone: 989.366.0205 Fax: 989.366.0136 E-mail: director@rccoa.net