

**Region 9 Area Agency on Aging
Dementia Support Groups**

Alcona, Alpena, Arenac, Cheboygan, Crawford, Iosco
Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon

ARENAC:

- **Sunrise Side Senior Services**
 - Caregiver Support Group
 - 3rd Thursday of every month
 - 12:30 p.m. - 1:30 p.m.
 - 131 Clyde Street
Omer, MI 48749
 - Phone: 989.653.2692
 - Email: amy-cyndi@hotmail.com
 - Group Leader: Amy Carson

CHEYBOGAN:

- Caregiver Support Group
- Recurring every second Wednesday
- 2:00 p.m. – 3:00 p.m.
- Indian River Township Hall
- Phone: 734.730.7736
- Group Leader: Jean Lang

CRAWFORD:

- Caregiver Support Group
- Reoccurring every third Wednesday
- 11:00 a.m.-12:00 p.m.
- The Brook of Grayling
504 Rose Street
Grayling, MI 49738
- Phone: 989.348.7123

MONTMORENCY:

- **Montmorency County Commission on Aging**
 - Caregiver Support Group
 - 4th Thursday of every month
 - 2:00 p.m. – 3:00 p.m.
 - Montmorency County Commission on Aging
11463 McArthur Road
Atlanta, MI 49709
 - Phone: 989.785.2580

ROSCOMMON:

- **Roscommon County Commission on Aging (RCCOA)**
 - Multifaceted (Alzheimer's, Cancer, and Parkinson's) Support Group
 - Recurring every second Tuesday of the month
 - 1:00 p.m. - 2:00 p.m.
RCCOA Administration Building
1015 Short Drive, Suite A
Prudenville, MI 48651
 - Phone: 989.366.0205
 - Fax: 989.366.0136
 - E-mail: director@rcco.net