

REGION 9 AREA AGENCY ON AGING MULTI-YEAR PLAN SURVEY 2027-2029



Thank you for taking the time to complete this anonymous survey. We value your input on the needs of the community to help you live safely, confidently, and age well in the environment of your choice.

Your responses will influence how federal and state dollars are distributed and prioritized among programs and services for older adults, individuals with disabilities, and caregivers. Please answer all the questions. This survey should take 10-15 minutes.

We ask questions about your age, gender, and background to better understand people taking this survey. This information helps us understand the needs of our community members as we are planning services and programs.

Upcoming Events:

- **Input Session:** March 11, 2026: Alcona County Commission on Aging (807 North Barlow Road, Lincoln, MI 48742) from 3:00 p.m. - 4:00 p.m.
- **Input Session:** March 12, 2026: Oscoda County Council on Aging (429 North Mt. Tom Road, Mio, MI 48647) from 12:30 p.m. - 1:30 p.m.
- **Public Hearing:** May 6, 2026: Hale Senior Center (310 North Washington Street, Hale, MI 48739) from 1:00 p.m. - 2:00 p.m.
- **Public Hearing:** May 18, 2026: NEMCSA Main Office (2569 US-23 South, Alpena, MI 49707) from 1:00 p.m. - 2:00 p.m.

Helpful definitions for terms used in this survey:

- **Older adult:** an individual aged 60 and older.
- **Caregiver:** a relative, spouse, partner, friend, neighbor, or anyone else who provides unpaid help to an older adult.
- **Kinship caregiver:** a family member or close friend who is raising children under age 18 whose parents are unable to care for them.

If you have any questions or need additional information on available services, contact us at:

- NEMCSA-Region 9 Area Agency on Aging
 - 2569 U.S. 23 South, Alpena, MI 49707
 - Phone: 989-358-4600
 - Website: <https://www.nemcsa.org/services/senior-services/region-9-area-agency-on-aging>.

How to Use the QR Code:

1. Open the camera app on your smartphone or tablet.
2. Point the camera at the QR code.
3. Tap the link that appears on your screen.
4. The webpage or resource will open automatically.



Online Survey Website Link: <https://forms.office.com/r/MDRNCz1TKP>

SURVEYS MUST BE SUBMITTED BY MARCH 20, 2026

1. What county do you live in?

- | | | | | |
|---------------------------------------|--------------------------------------|---|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Alcona | <input type="checkbox"/> Alpena | <input type="checkbox"/> Arenac | <input type="checkbox"/> Cheboygan | <input type="checkbox"/> Crawford |
| <input type="checkbox"/> Iosco | <input type="checkbox"/> Montmorency | <input type="checkbox"/> Ogemaw | <input type="checkbox"/> Oscoda | <input type="checkbox"/> Otsego |
| <input type="checkbox"/> Presque Isle | <input type="checkbox"/> Roscommon | <input type="checkbox"/> I live elsewhere | | |

2. What is your current age group?

- | | |
|--------------------------------------|--------------------------------|
| <input type="checkbox"/> 44 or under | <input type="checkbox"/> 60-74 |
| <input type="checkbox"/> 45-54 | <input type="checkbox"/> 75-84 |
| <input type="checkbox"/> 55-59 | <input type="checkbox"/> 85+ |

3. What gender do you identify with?

- | | |
|-------------------------------------|--|
| <input type="checkbox"/> Female | <input type="checkbox"/> Prefer not to say |
| <input type="checkbox"/> Male | <input type="checkbox"/> Other or not listed |
| <input type="checkbox"/> Non-Binary | |

4. What is your race?

- | | |
|---|--|
| <input type="checkbox"/> American Indian or Alaska Native | <input type="checkbox"/> White/Caucasian |
| <input type="checkbox"/> Asian or Asian American | <input type="checkbox"/> Other |
| <input type="checkbox"/> Black or African American | |

5. What is your ethnicity?

- Hispanic or Latino
- Not Hispanic or Latino
- Prefer not to answer

6. What is your Annual Income?

- | | |
|--|--|
| <input type="checkbox"/> \$15,960 or Less | <input type="checkbox"/> \$60,000-\$80,000 |
| <input type="checkbox"/> \$20,000-\$40,000 | <input type="checkbox"/> \$80,000 -\$100,000 |
| <input type="checkbox"/> \$40,000-\$60,000 | <input type="checkbox"/> \$100,000 and over |

7. What is your Living Status?

- | | |
|---|---|
| <input type="checkbox"/> Living alone | <input type="checkbox"/> Living with family (non-partner) caregiver |
| <input type="checkbox"/> Living with spouse/partner | <input type="checkbox"/> Assisted living / care facility |
| <input type="checkbox"/> Living with non-family caregiver | <input type="checkbox"/> Other (please specify) _____ |

8. Which of the following apply to you? (choose all that apply)

- | | | |
|---|--|-------------------------------------|
| <input type="checkbox"/> I am a veteran | <input type="checkbox"/> I am a healthcare professional | <input type="checkbox"/> None apply |
| <input type="checkbox"/> I am a community volunteer | <input type="checkbox"/> I am an aging network or human/social services provider | |

9. Which of the following apply to you? (choose all that apply)

- | | |
|---|---|
| <input type="checkbox"/> I have a disability | <input type="checkbox"/> I provide paid or unpaid care to an older adult |
| <input type="checkbox"/> I have a chronic condition such as diabetes, cancer, or chronic pain | <input type="checkbox"/> I have a family member or friend I can call when I need help |
| <input type="checkbox"/> I provide paid or unpaid care to an adult or child with a disability | <input type="checkbox"/> None apply |



10. Which of the following apply to you? (choose all that apply)

- I have heard or know of NEMCSA-Region 9 Area Agency on Aging
- I have heard or know of an Area Agency on Aging
- I have not heard of an Area Agency on Aging

11. Do you have access to internet in your home?

- Yes No

12. How often do you use email?

- Daily Rarely
- Weekly I do not have an email address

13. How do you prefer to receive information about services and resources? (Choose all that apply)

- Phone conversation Postal Mail/U.S. Mail
- Email Social Media (Facebook, Instagram, X, etc.)
- Word of Mouth

14. How confident are you in knowing where to get information about available services or programs for older adults?

- Extremely confident Neutral
- Somewhat confident Not confident

15. How do you get information about news and events in your community? (Choose all that apply)

- Television Senior Center or Community Center
- Newspaper Friends and/or Family
- Internet Faith-based Organization
- Radio Social Media (Facebook, Instagram, X etc.)

16. Is sufficient affordable and accessible housing available in your community?

- Yes No I don't know

17. Thinking about the past six months, select the statements that apply to you. (Choose all that apply)

- I used public transportation. A paid caregiver has helped me with daily activities.
- I have gone hungry. Family, friends, or unpaid caregivers have helped me with daily tasks such as grocery shopping, transportation to appointments, personal care, etc.
- I received Home Delivered Meals (Meals on Wheels).

18. Thinking about the past six months, select the statements that apply to you. (Choose all that apply)

- I felt isolated or lonely. I engaged with others in a social setting.
- I felt nervous, on-edge, or anxious. I talked with family or friends by video, phone call, or text.
- I felt down, hopeless, or depressed. I have had enough social interactions.

19. Thinking about the past six months, select the statements that apply to you. (Choose all that apply)

- I fell or have been at risk of falling. I have been to the emergency room.
- I had doctor appointment(s) by video or telehealth. I missed medical appointments due to lack of transportation.



As an Area Agency on Aging, the NEMCSA-Region 9 Area Agency on Aging strives to maximize the state and federal funding we receive to help older adults live, age, and grow. To effectively do so, we must prioritize available services. Your answers to the following questions help us identify the most useful programs and services for the communities we serve.

| Rate how useful these services are to yourself, older adults, and/or caregivers by checking the box below. | | | | |
|---|---------------------------------------|--------------------------------------|-------------------------|---------------|
| | Most Useful or Currently Using | Might be Useful in the Future | Not Useful to Me | Unsure |
| Adult Day Services for older adults who need supervision during the day. | | | | |
| Assistive Devices and Technology equipment and tools such as pill organizers and electric wheelchairs. | | | | |
| Chore Services assistance with home tasks such as yard work and minor repairs. | | | | |
| Congregate Meals program provides nutritious meals to older adults in a communal setting such as a senior or community center. | | | | |
| Carry Out Meals provide nutritious, complete meals to eligible recipients through convenient pick-up options. | | | | |
| Elder Abuse Prevention education and outreach to help identify and prevent elder abuse, neglect, and exploitation. | | | | |
| Friendly Reassurance telephone calls to homebound older adults to reduce isolation. | | | | |
| Health and Wellness workshops and classes to help older adults avoid illness and improve health status. | | | | |
| Home Delivered Meals (Meals on Wheels) program delivers nutritious meals to homebound older adults. | | | | |

| | Most Useful or Currently Using | Might be Useful in the Future | Not Useful to Me | Unsure |
|---|--------------------------------|-------------------------------|------------------|--------|
| Home Repairs provide permanent improvements to an older adult's home, addressing safety hazards and substandard conditions through essential repairs or renovations that extend the life of the home and support safe, independent living. | | | | |
| Information and Assistance advice specialists provide information on and linkages to available services and resources. | | | | |
| Legal Services advice and representation for older adults on legal matters. | | | | |
| Long Term Care Ombudsman advocates who work at the request of the residents of licensed long-term care facilities to resolve problems between the resident and facility. | | | | |
| Medicare Counseling (SHIP) provides unbiased assistance and education to Medicare beneficiaries and soon-to-be beneficiaries. | | | | |
| Modifications provide minor adaptations such as ramps, grab bars, improved lighting, adaptive devices, and safety alarms to reduce fall risk, improve accessibility, and help older adults safely remain independent in their homes. | | | | |
| Options Counseling provides unbiased support and guidance on long-term options care. | | | | |
| Transportation rides for caregivers and older adults who lack other transportation options to medical and social services appointments. | | | | |

A caregiver is a relative, spouse, partner, friend, neighbor, or anyone else who provides unpaid help to an older adult.

| <p align="center">Rate how useful these services are to yourself, older adults, and/or caregivers, by checking the box below.</p> | | | | |
|--|---|--|---|-------------------------------------|
| | <p align="center">Most Useful or Currently Using</p> | <p align="center">Might be Useful in the Future</p> | <p align="center">Not Useful to Me</p> | <p align="center">Unsure</p> |
| <p>Caregiver Case Management assesses caregivers' needs and arranges, coordinates, and monitors services to meet individual needs of the caregiver.</p> | | | | |
| <p>Caregiver Support Groups provide space to discuss common experiences and develop a mutual support system.</p> | | | | |
| <p>Caregiver Training provides instruction to improve knowledge and enhance skills related to caregiving role and responsibilities.</p> | | | | |
| <p>Caregiver Home Delivered Meals (non-spouse caregivers) provides nutritious meals to eligible caregivers who are not the spouse of the care recipient, helping reduce caregiver burden and support their ability to continue providing care at home.</p> | | | | |
| <p>Dementia Education offers free information and practical tools to support family caregivers in managing the unique challenges of dementia care and improving quality of life for both caregiver and the person with Dementia.</p> | | | | |
| <p>Dementia Consultations free program includes one-on-one meetings with a trained Dementia Specialist and the Dementia caregivers to provide personalized guidance, problem-solving strategies, and support tailored to their specific caregiving situation.</p> | | | | |
| <p>Respite Care provides temporary relief from caring for someone with Dementia.</p> | | | | |

SERVICES FOR KINSHIP CAREGIVERS

A kinship caregiver is a family member or close friend who is raising children under age 18 whose parents are unable to care for them.

| Rate how useful these services are or would be to yourself and/or Kinship Caregiver, by checking the box below. | | | | |
|--|--------------------------------|-------------------------------|------------------|--------|
| | Most Useful or Currently Using | Might be Useful in the Future | Not Useful to Me | Unsure |
| Kinship Supplemental Services is a program designed to support Kinship Caregivers by helping with expenses such as recreational activities, school supplies, clothing, needed furniture, and legal services related to the care of the child. | | | | |
| Kinship Caregiver Support Groups provide spaces to discuss common experiences and develop a mutual support system with other kinship caregivers. | | | | |
| Kinship Caregiver Training provides instruction to improve knowledge and enhance skills related to caregiving role and responsibilities. | | | | |

24. Are there other services you feel would be helpful to older adults or caregivers but are not listed here?

If you would like to be added to our weekly Region 9 Area Agency on Aging newsletter, add your name and email address here:

Name: _____

Email: _____

thank you!