



# MEDICARE PREVENTIVE SERVICES

Updated for 2026

Medicare Part B covers a wide range of preventive services to help detect illness early, maintain long-term wellness, and prevent complications. Most services are covered **at no cost** as long as your provider accepts Medicare assignment.

Preventive Service	Description	Your Costs
Abdominal Aortic Aneurysm Screening	Once-in-a-lifetime screening ultrasound for people at risk. Medicare only covers this screening if you get a referral from your doctor or other qualified health care provider.	You pay nothing
Alcohol misuse screening and counseling	One alcohol misuse screening per year for adults who use alcohol. Up to 4 face-to-face counseling sessions per year	You pay nothing
Bone Mass Measurement	Helps to determine if you are at risk for broken bones. Covered once every 24 months; more often if medically necessary.	You pay nothing
Breast Cancer Screening (Mammogram)	One baseline mammogram for ages 35–39; annual screenings age 40+	You pay nothing
Cardiovascular Screening – Blood Tests	Helps detect conditions that may lead to a heart attack or stroke. This service is covered every 5 years to test your cholesterol, lipid, and triglyceride levels.	No cost for the tests.
Colon Cancer Screening (Colorectal)	Medicare covers colorectal screening tests to help find cancer early. Multiple test options depending on age and risk; includes colonoscopy, sigmoidoscopy, stool tests, and <b>CT colonography</b>	Most tests: no cost. Barium enema: 20% coinsurance
At-Home Multi-Target Stool DNA Tests	Once every 3 years if you show no colorectal disease symptoms.	No cost for the tests.
Fecal Occult Blood Test	Once every 12 months if 45 or older.	No cost for the tests.
Flexible Sigmoidoscopy	Generally, once every 48 months if 45 or older, or 120 months after a previous screening colonoscopy for those not at high risk.	You pay nothing
Colonoscopy	Generally, you can get this procedure once every 120 months, or 48 months after a previous flexible sigmoidoscopy. If your doctor says you're at high risk, you can get it every 24 months.	No cost for the tests.

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Depression Screening	One screening per year	You pay nothing
Diabetes Screenings	Up to 2 screenings per year if you are at high risk for diabetes	You pay nothing
Diabetes Self-Management Training - Outpatient	Teaches people with diabetes how to manage the disease.	20%, after Part B deductible
Flu Shots	One flu shot per flu season	You pay nothing
Glaucoma Tests	Covered once every 12 months for people at high risk for glaucoma. You are considered high risk for glaucoma if you have diabetes, a family history of glaucoma, are African-American and age 50 or older, or are Hispanic and age 65 or older.	20%, after Part B deductible
Hepatitis B Shots Hepatitis B Virus Screening Hepatitis C Screening	Covered for people at high or medium risk. Based on risk factors; pregnant individuals screened during each pregnancy.	You pay nothing
HIV Screening	Covered once per year for people age 15-65, or younger than 15/older than 65 and at increased risk for HIV.	You pay nothing
Medical Nutrition Therapy Services	May be covered if you have diabetes or kidney disease, or have had a kidney transplant in the last 36 months, and your doctor refers you for the service.	You pay nothing
Obesity Screening and Counseling	If you have a Body Mass Index (BMI) of 30 or more, Medicare covers screening and behavioral counseling by a doctor or other qualified practitioner.	You pay nothing
Pap Tests and Pelvic Exams	Screening for cervical and vaginal cancers. Covered once every 24 months, or once every 12 months for women at high risk.	You pay nothing
Vaccinations (COVID-19, Hepatitis B, Pneumococcal & All ACIP-Recommended Vaccines)	All ACIP-recommended vaccines covered <b>with no copay or deductible.</b>	You pay nothing
Prostate Cancer Screenings	Medicare covers digital rectal exam and Prostate Specific Antigen (PSA) test once every 12 months for all men with Medicare over age 50	Digital exam: 20% after Part B

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	(coverage begins the day after your 50th birthday).	deductible. PSA: You pay nothing.
Tobacco Use Cessation Counseling	Covers up to 8 face-to-face counseling sessions in a 12-month period.	You pay nothing
One-time “Welcome to Medicare” Visit	During first 12 months of Part B enrollment, this visit includes a review of your health and referrals to other screenings.	You pay nothing
Annual “Wellness” Visit	Review health status and complete Health Risk Assessment to help develop a prevention plan.	You pay nothing
NEW for 2026: Physical Activity & Nutrition Assessment (G0136)	A new Medicare-covered service beginning <b>January 1, 2026</b> , performed every <b>6 months</b> as part of ongoing prevention efforts	You pay nothing

*For more information about preventive services covered by Medicare, call 1-800-MEDICARE, or go to [www.medicare.gov](http://www.medicare.gov), click on the “Manage Your Health” link, and search for the relevant services.*